



## About the 'New Awakening' Spiritual System

Enlightenment throughout the ages is always the same, when a human being awakens to the inner realm of the mystic law of creation. These great personal experiences have been translated into many religious, spiritual and mystical practices that have been taught over many centuries to help society. We have tremendous respect and appreciation for all past different teaching methods because they have brought us spiritually to where we are today.

This is a very exciting time as there is the emergence of a new energy consciousness occurring throughout the world. What is happening is that many of these teachings are now transforming into a direct spiritual experience. There are many individuals who are now awakening to an inner Divine wisdom resulting in a tremendous love and compassion for themselves, humanity and the natural environment. You could say that the seeds of the old spiritual teachings are now transforming, they are now starting to flower within society.

We understand this as a shift in consciousness that is starting to take place on the earth today; the start of a new golden, human-spiritual era for all of mankind to experience. There have been many prophecies which support that this change in consciousness will be happening at this time. The main shift that is taking place in society today is the change in the way that enlightenment is now being experienced.

Throughout mankind's history we have had the experience of isolated individuals achieving enlightenment, teaching disciples who in turn have left teachings and spiritual practices for us to follow. These teachings and practices have been left to help us understand our relationship with the creative source of existence. What we are seeing happen today is quite the opposite whereby personal enlightenment is now being experienced by many individuals. This phenomenon is now slowly spreading throughout the whole of society as each enlightened individual influences others to do the same.

Having had the privilege of this direct Divine experience, the founder of the 'New Awakening' system, Robert Bourne, being aware of this new phenomenon has been divinely guided to create a modern system of spiritual awakening that is appropriate for today's age. This new system enables the individual to have a direct experience of the laws of creation; eventually resulting in personal enlightenment. When you experience this new system of learning in its entirety a new spiritual awakening becomes possible.

The New Awakening system, created for modern day living, consists of a series of personal and spiritual development Awakening Teachings plus the four Reiki stages of learning. The Reiki stages of learning contain the traditional Reiki attunements which I am offering to everyone free of charge as my gift to mankind, learning concepts plus additional wisdom practices at each stage of development. These additional teachings provide spiritual experiences that become personal foundations, building blocks for the individual's next stage of spiritual evolution. All the four stages of Reiki interlink into one complete 'New Awakening' personal enlightenment system for the student.

The 'New Awakening' system fundamentally differs from the traditional workshop as it offers the student a direct inner spiritual experience of the teaching that they are learning. As you study this spiritual guide you will receive a 'Spiritual Awakening Transfer', guided from Unconditional Love. This will awaken a direct inner experience and realization for you.

The Unconditional Love energy transfers are contained within these teachings and are provided without charge on my videos. They will attune your chakra system to bring about your spiritual realization of the teaching you are learning; a new awakening with a change in consciousness occurs as a result.

These 'New Awakening' Courses and Workshops will create a successful individual with a compassionate heart. You will have the ability to create your own reality, free from the conditioning and limitations of the self. They will awaken you to your own healing; to your own inner state of Unconditional Love and most importantly to your inner teacher providing you with Divine Wisdom in each moment of your existence. You will learn the workings of human spiritual life within all aspects of your relationships and your personal experience of daily life.

A New Awakening spiritual teacher becomes an automatic experience. This is not based upon attendance of the training course but is based upon the ability to channel Unconditional Love from the crown chakra. 'New Awakening' spiritual teachers will have to evolve to a state of 'Being' that resonates with Unconditional Love, not just attend a training course and collect a certificate; otherwise they will be unable to transfer Divine Wisdom and awaken the spiritual teachings within those they wish to help.

### **The 'New Awakening Spiritual System' consists of Five Stages of Development with Seven Spiritual Openings**

The 'New Awakening' system has been designed and created from Divine spiritual guidance. The New Awakening system understands that if the student has not opened themselves spiritually at the foundation awakening energy stages of their development, they will be unable to progress to the next awakening stage.

This is true even if they have previously undertaken the assumed required training. The truth is that you are one with the Divine, although you may be blocked off from this direct connection with the illusionary beliefs you hold within your soul and mind body. This system gently guides you to unlock this beautiful birthright connection to enable your life to flourish into the amazing person you really are. It is for this reason I have released the secret formula to unlock this mystical Divine connection directly for you. Through following the attunement initiation that I will give you free of charge, you will discover how to reconnect yourself to that which is hidden within you. Yes you do it to yourself; I am just your guide. Beware of anyone who tells you that this is not possible. The very idea is charged with illusion, power and control.

Through releasing the secret to the attunement process I have gone against the need to have another perform the ceremony for you. I have broken the tradition which has been passed down over many years. The reason for doing this is two fold. Over several years the awareness that I have been enlightened to has guided me to release this method of self spiritual attunement to anyone who wishes to experience it. The other reason is that the time is right now for as many people as possible to awaken into their spiritual body. For many lifetimes I have taught these teachings in the traditional way, now is the culmination of my soul's mission to share this directly with you in a new direct way.

All the teachings and stages of development that make up this system have been proven by many students who have verified the tremendous depth of beauty and simplicity of the whole process. You are now in a privileged position to enjoy what others have taken many years to experience by having a direct sharing of the Masters secrets.

There is one fact that I would like to share with you which is in respect to the level of effectiveness a spiritual attunement will have upon you. Anyone who offers you any form of teaching or spiritual experience can only help you arrive at the same level of consciousness that they themselves have obtained. Choose your teacher with great care. Over the last few years I have been involved in the world of Reiki. I have been surprised as to how watered down the teachings have become. This is not a criticism of the teachers of Reiki but as a result of my direct experience. I have met many teachers who did not have any spiritual understanding as to what they are trying to transmit, even teachers who had no faith in Reiki at all! The angelic realm of the Divine will always come forward to make a connection with anyone who desires their presence, so even the students of these teachers will have received great benefit.

The problem with the distortion that has been introduced into this system is a result of the illusions held within the mind of some modern Reiki Masters who, as a result, have watered down, complicated and distorted the beauty of this natural healing comforter. It is for this reason that I have released directly to mankind the truth, as far as I have experienced it. I promise you that all of my students have grown in consciousness and those who have been re-attuned by me from other disciplines have experienced a much deeper meaningful spiritual energy experience as a result.

The other consideration is that people who try and connect directly with the source of Unconditional Love, through by-passing the spiritual foundation training, can awaken their repressed, negative pain body of illusion within their soul. When this happens they can fall into fear, withdrawing from their spiritual self, finding they are unable to cope with their new experience. This dark night of the soul experience can be avoided! The only solution for this person is to go back and work through the stages of spiritual energy opening again. We have discovered that many training courses are purely theoretical and the teachings have never been transformed into personal spiritual experiences; the energy then stays within the mind of the student.

When a spiritual foundation and pathway has been established in the energy system and soul of the student the next doorway can then open; this awakening automatically happens with the 'New Awakening' training. All life experiences will then be met at the soul level with healing, transforming into love and balance.

This also explains why people get stuck on their spiritual journey. For example even though someone may have received the Reiki Masters Attunement or a Oneness attunement, if a foundation stage is by-passed, or the chakra energy system has not fully opened, the student will not be able to fully awaken to the next stage of development. This is controlled by the natural law of life. In this example the enlightenment of the Reiki Master's heart chakra will not fully open and be personally experienced if the three energy bodies have not been awakened at the Reiki Second Degree stage of spiritual awakening. Enlightenment just 'IS' - you are unable to buy it - you have to awaken to it.

The 'New Awakening' method has a compassionate methodical approach through providing proven energy experiences which build upon each other creating a solid safe foundation for the student. This compassionate system created for the individual will enable the next spiritual opening to naturally occur safely. 'New Awakening' will support you with Divine Wisdom, Healing and Unconditional Love.

The 'New Awakening' system also provides three wisdom based companion personal and spiritual home study courses, with tutorial CDs, to support the seven spiritual openings. These courses are contained within the book and seven CD set 'The Seekers Guide for a New Awakening' and the courses are 'The Excellent You, 'Love and Relationships' and 'The Gateway to Enlightenment'.

When the CDs are listened to repeatedly, they have a transformative effect upon the consciousness of the listener. The 'Ah Ha' moments just keep coming over and over again. What could not be understood through reading alone becomes an enlightenment experience as the change in consciousness occurs at the soul level of awareness within you.

When you clear the blocks, transform your illusions you naturally awaken to your own Divinity. Great spiritual teachers who have spontaneously awakened to their true nature, like Eckhart Tolle, try to encourage us that this natural Divine state of being is really here ‘in the now’ and that we are just veiled or blocked off from it by the illusions within our own mind. The students who have studied all three ‘New Awakening’ courses contained within ‘The Seekers Guide to a New Awakening’ have accelerated their spiritual development. Enlightenment ‘IS’ ‘here and now’, it is our illusions and misguided beliefs held in our karmic soul body that prevent us from having it all – right now! The courses will provide you with a wisdom foundation at your soul level to prepare you to have this birthright experience of Enlightenment.

To achieve the beautiful experience of personal enlightenment we have discovered that the following foundation spiritual gates, when opened within you in the following order, provide a gentle soul transition for this beautiful experience to occur:

**First Spiritual Opening:** The free attunement to Reiki Universal Life Healing Energy as experienced in Reiki First Degree. This opens the heart chakra and the individual begins their spiritual journey; they are on the pathway to direct enlightenment. It is advisable to study the Reiki courses manual and follow the exercises contained on the tutorial CDs. The home study of the three ‘New Awakening’ companion courses contained in ‘The Seekers Guide’, is now introduced to you to assist your spiritual learning experience.

**Second and Third Spiritual Openings:** This is the attunement and awakening to the energy of the present, the power symbol for physical healing with its complementary emotional symbol of Love Sei-Hei-Ki. The second and third spiritual openings are experienced within part one of the Reiki Second Degree course manual together with the free Reiki 2nd degree spiritual self-attunements. These two symbols form the base two parts of a triangle and when opened allow the soul to soul connection to occur in a more powerful way through the crown chakra as described in stage three. The base chakra is grounded with the power symbol Cho-Ku-Rei as it brings Divinity into ‘the present’ the material expression of daily life. The heart chakra, the cross-roads of the lower and higher self, is directly connected to Unconditional Love through the emotional symbol; providing greater love and compassion to be experienced.

**Fourth Spiritual Opening:** The attunement to the distant healing symbol Hon-Sha-Ze-Sho-Nen. This happens through the crown chakra directly through the Divine chakra. ‘The divinity in me meets the divinity in you’. This enables the Divine spiritual healing experience directly from soul to soul to occur. This explains the awareness of white light with the out of body experience reported by many of our students. This fourth spiritual opening is experienced within the Reiki Second Degree course manual and through following the guidance contained on the tutorial CDs.

**Fifth and Sixth Spiritual Openings:** The attunement to Reiki Masters energy. When the spiritual openings one to four have been established the heart chakra of the student can now fully open, radiating Unconditional Love for all of mankind. It is at this stage that 'New Awakening' differs from most Reiki methods used in the West as it includes an additional attunement to Divine Wisdom. This awakens the higher self within the third eye chakra of the student. This connection accesses the Divine Laws of creation enabling life choices to be made with Divine Wisdom, as opposed to personal intuition. This transforms illusion into enlightenment.

**Seventh Spiritual Opening:** This self attunement completes the journey of the soul by ascending to the crown chakra. The heart chakra compassionately radiates the Reiki Master Energy, the soul transcends to the crown with the higher self moving down from the crown to reside in the third eye. Healing and Wisdom now combine being expressed as the Unconditional Love of the Source of creation. This is the stage of mysticism, of becoming. Life becomes the experience of bliss, wisdom and oneness with all existence. The individual moves beyond religious, race, national prejudice, written teachings or dogma. It is at this stage that the 'New Awakening' spiritual teacher is born.

### **Traditional Courses versus New Awakening Courses**

The Universal Life Healing Energy has been traditionally taught in three stages known as the Reiki First Degree, Reiki Second Degree and Reiki Master/Teacher. The students are usually required to take their own notes, or are provided with a basic course manual, at the workshop. Traditionally, Reiki has been taught in the West orally. This means that the student has to remember what the teacher is saying which can cause some stress. This system can create the possibility of the 'Chinese Whispers' syndrome whereby information changes or becomes distorted.

In contrast, the New Awakening system has addressed this problem by providing the student with fully comprehensive multimedia learning material thereby negating the necessity to take notes. This enables the New Awakening student to fully enter into the energy experiences contained within the manuals and through following the tutorial guides experienced on the interactive CDs. The attunements are provided free of charge and you can repeat them as often as you like.

New Awakening teaches The Universal Life Healing Energy in three stages; Reiki 1st Degree, Reiki 2nd Degree, Reiki Master/Reiki Master Teacher, with each stage consisting of two parts, the first part is the professional home study multimedia course learning material which consists of this book and tutorial CDs. The second part is the practical 'Self Attunement' energy experience, that is provided free of charge as our gift to you from our website from June 2009.

**[www.new-awakening.co.uk](http://www.new-awakening.co.uk)**

## **‘New Awakening’ is a Spiritual Resource supporting you on Your Spiritual Journey to Ascension**

The most important thing for you to do as an individual if you wish to experience the Bliss of existence, if you wish to experience your soul’s journey’s objective of ascension to the crown chakra, is to create a solid comprehensive spiritual foundation that will support you in your daily life; a spiritual foundation which is broad and wide enough to provide you with all the spiritual tools you will need in your daily life that will transform the challenges and the obstacles you encounter along the way into a higher consciousness.

The source of creation has provided us with three Divine aspects that you will need to fully experience and understand if you are to awaken into the oneness of life. These three transforming aspects that are included in the ‘New Awakening spiritual System’ are; the personal comforter of the Divine Healing Energy, the awakener of consciousness in the form of Divine Wisdom and the Bliss of Unconditional Love.

When you experience these three pure Divine aspects you will have everything you need to complete your spiritual journey, arriving into mysticism, into becoming. In the four stages of learning you will discover how to use all the tools we have provided for you but please remember hold on to none of them too tightly, for if you do they will become your bondage.

“The whole process of awakening can become extremely simple and very quick when your focus changes from the need to change yourself, your personality traits to changing your consciousness. You then move away from feeling bad or guilty about yourself into a beautiful acceptance of your life’s experiences, allowing the expression of yourself exactly as you are to become vibrantly alive; you will come to understand that you are perfect now exactly as you are.

The attitude to have if you wish to experience this beautiful truth is to accept yourself in your totality, to love yourself as you are. When you do this you then have an opportunity to re-connect with that which has created you, that which is inside of you right now. When you do this the struggle and striving is over and you will awaken to who you really are. You will become and you will discover that your personality self will not change but it is your consciousness that has changed. When this happens you will experience life in a totally new way; this will be your ‘New Awakening’, your ascension”.



## **How much does 'The New Awakening Spiritual System' cost?**

Many people ask us two questions "*What is the best way to study this system and how much does it cost*"? The answer to these questions are:

1. Simply in order of their creation, studied over one year.
2. You can buy the system in affordable modules as listed below starting with for 'The Seekers Guide for a New Awakening' at £10.99 or only £9.99 for the complete 'Reiki Healing First Degree' module.

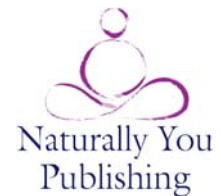
## **How should I study this Spiritual System?**

You will discover that by working through the New Awakening Spiritual System, in our suggested order, you will fill in any gaps you may have in your spiritual education. No matter how evolved you may think you are, in order to obtain maximum benefit for your spiritual evolution please work through the system in the following order:

1. The Seekers Guide for a New Awakening - This book is layered in meaning for repeated re-reading together with the three MP3 audio courses containing 7 Albums, The Excellent You, Love and Relationships, The Gateway to Enlightenment.
2. New Awakening Reiki Healing First Degree - Book, MP3 Audio Set 2 Albums, The First Spiritual Attunement.
3. New Awakening Reiki Healing Second Degree - Book, MP3 Audio Set 4 Albums, Three Spiritual Attunements.
4. New Awakening Reiki Master and Teacher Handbook - MP3 Audio Set 2 Albums, Two Spiritual Attunements.

We have found that those who have followed this sequence have accelerated their soul's journey arriving at the seventh stage of 'Awakening into Oneness' about one year! This is astounding compared to many traditional approaches which would take you up to 30 years to achieve the same inner transformations of consciousness.

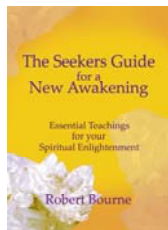
# Catalogue of 'New Awakening Spirituality'



## Retail Prices

### Books, CD and MP3 Albums Titles with total playing times

### Spiritual Enlightenment Retail Price



#### **The Seekers Guide for a New Awakening**

Book - 288 pages - Essential Teachings £10.99  
for your Spiritual Enlightenment.  
Bonus three courses included: The Excellent you  
Love & Relationships, Gateway to Enlightenment



#### **The Excellent You**

MP3 11 Tracks Time 102 mins FOC  
2 CDs option Playing Time 102 mins £9.99



#### **Love and Relationships**

MP3 11 Tracks Time 147 mins FOC  
2 CDs option Playing Time 147 mins £9.99



#### **The Gateway to Enlightenment**

MP3 15 Tracks Time 189 mins FOC  
3 CDs option Playing Time 189 mins £9.99

**Total Course Set: Book & Three MP3 Courses £10.99**



#### **Meditation**

MP3 3 Tracks Time 39 mins FOC  
CD option Playing Time 39 mins £4.99

# Catalogue of 'New Awakening Reiki Healing'

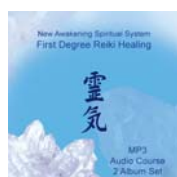
## Retail Prices



### Books, CD and MP3 Albums Titles with total playing times

#### Reiki Healing

#### Retail Price



#### Reiki Healing First Degree

Book - 108 pages

£9.99

MP3 10 Tracks Time 135 mins

FOC

2 CDs option Playing Time 135 mins

£9.99

**Total Course Set: Book and MP3s**

**£9.99**



#### Reiki Healing Second Degree

Book – 144 pages

£9.99

MP3 16 Tracks Time 244 mins

FOC

4 CDs option Playing Time 244 mins

£14.99

**Total Course Set: Book and MP3s**

**£9.99**



#### Reiki Master and The Lotus Sutra

Book – 120 pages includes Master Teacher

£9.99

MP3 13 Tracks Time 124 mins

FOC

2 CDs option Playing Time 124 mins

£9.99

**Total Course Set: Book and MP3s**

**£9.99**



#### Universal Light + Universal Light with 3 min bells

Reiki Music MP3 3 Tracks 138 mins

FOC

1 CD Universal Light Playing Time 66mins

£4.99

1 CD Universal Light + 3 min Bells 66mins

£4.99

**Total MP3 Double Album**

**FOC**