

## The Story of Sharon

“After a good few years of enduring the usual life struggles, including ill health and relationship issues, my partner treated me to a much needed long weekend away at a health spa. This was where I had my first Reiki treatment. It was the most amazing experience of my life to date alongside child birth. I came away from the weekend knowing that I would be spending at least the next 6 months trying to work out what had actually happened to me.

In September 2007 I began my search on the internet reading various descriptions of Reiki, when I came across the Reiki Party website. Robert described his study of many different forms of Reiki and had not limited himself to one style, as had other teachers. Having an engineering background, this appealed to me, as I am always looking for logic, reason and proof in what I learn.

Realising the need to understand the experiences of my first Reiki treatment, I plucked up the courage to call Robert. Shortly thereafter I received the first Reiki degree course hand book through the post. I remember being told at that time, that if I did not want to experience change, then this was not the course for me. Sat here a few years later, I cannot believe how poignant those words now seem.

I spent the next few months reading through the course material in snippets of spare time, fitted between my young family, an engineering design job, running a house and maintaining a long distance relationship.

It was December 2007 when I met Robert and joined a couple of other students on the Reiki I course.

Reading through the material at home I had felt very comfortable with understanding the technicalities of a basic Reiki treatment. However, being on the course and actually feeling and experiencing the energies was quite something else. I felt I was now truly on the path to discovering what I had experienced in my first Reiki treatment.

Receiving my first attunement was like becoming aware of a whole new dimension to life which had been previously hidden from me. I remember feeling an amazing sense of inner peace but also being surrounded by bright and vivid colours.

The opportunity to give my first Reiki treatment in a caring and supportive environment gave me the courage to realise that this was something I could actually

do. With a new radiant glow on my face and my 1st Reiki certificate in hand, I set off to increase my experience of this wonderful new dimension. I spent the next six weeks practicing my new found skills on myself, friends and family. The positive feedback I had from other people was amazing and I became a very popular person. At the same time I was also noticing many personal changes which were highlighted to me by using the 21 day journal.

As time progressed my confidence grew and with so many people around me now interested in Reiki, I decided to continue my studies and sent away for the Reiki Two course. I also studied the additional courses 'The Excellent You' and 'Love and Relationships', both of which I still refer to today.

During the home study period of Reiki II, I found many questions answered. From the practical aspect of Reiki I had many experiences where I felt guided to certain positions without knowing why. All these experiences I now find were being described in this course. I was also conscious of the fact that in the past I had always struggled with the process of learning and with retention of information. However, I now realised a new ability and enthusiasm to learn. This spread into other areas of my life too.

At the beginning of March 2008, I attended the Reiki II course. Before arriving for this course I already felt very comfortable with giving Reiki treatments and with understanding the course material. I came away feeling I had reached a whole new level on my personal journey. I was amazed at the effect of experiencing the energies using alternative methods such as chanting and humming. During my second degree attunement, the colours visible to me became brighter. I came away feeling a great sense that there was a much longer journey ahead of me than I had first anticipated.

I went home and continued giving Reiki treatments and found that the basic principles of Reiki had now reached into every part of my life. I could see my own failings more clearly and began working on becoming a better person with a life of value and quality.

From the Second course I also returned with the 'Gateway to Enlightenment' manual. I spent the next six months reading and studying this book. This was a much more challenging text and included some new scientific ideologies for me, which I found very interesting. The proof of distance healing behind me placed me

in a much better position to grasp these new realities. 'The Gateway to Enlightenment' currently lives by my bedside and a year on I can still pick it up and gain 'Ah Ha' moments.

To continue my journey, towards the end of 2008 I gave Robert a call to discuss continuing on to Masters Level. After a lengthy conversation and some time for me to think things through I concurrently booked the Masters and Master Teacher courses. Receiving the relevant manuals with only just a month to go before the practical I was not sure if I was going to be ready, but reading through the manuals made me realise that I had learnt a great deal from the Gateway to Enlightenment and I was definitely ready for this now. I was really looking forward to this course with no hesitation or doubt, a real change in character for me.

In January 2009, I was given the gift of the Masters attunement, which personally became my biggest and best step.

Through studying the Gateway to Enlightenment and the other accompanying courses, I gained many understandings with my mind which had a significant impact on my life as a whole as I became more understanding of people, emotions and reactions. I then began to find that life does not surprise you in a way that it did before. You start to see things much earlier giving you time to be better prepared, as opposed to living in a constant reactive style.

My Masters attunement really did bring all the teachings to life in a way that I could not have understood before. During the attunement itself, I was aware of many different faces joining my being; an experience for which I have no words.

The following morning I had the amazing experience of waking and finding I not only clearly remembered the dream I had that night, but I also understood it immediately with a deep sense of knowing. I then had the realisation that my mind had understood and learnt from the teachings but before the attunement my heart and soul had not understood these lessons and I felt a shift of the level of understanding to my subconscious.

Now I feel a connection not just between body and mind which comes from Reiki I and II, but also now the connection with the soul. The best way for describing this feeling is to imagine that it is a cold winter's night and you have had a good meal and you are wrapped up warm and comfortable in front of an open fire

and are surrounded by all the people that are closest to you. This is the feeling which I now carry with me all the time and it is the most beautiful experience.

After the Masters followed the Master Teacher course which felt like a very natural progression.

I am now looking forward to teaching this beautiful system of healing for the self and others and will continue with Reiki healing for those that do not wish or are not yet ready to make the journey. I shall continue my personal study and self healing and look forward to an interesting and challenging future.

Life carries on but I am now able to deal with issues that arise with more speed and confidence. Heightened intuition and plenty of new life skills enables you to recognise signs of approaching tests in your life. This whole process becomes apparent as you look back on your life. Occasionally I am able to see where it is going. However you're never quite sure how things are going to happen, so life remains full of surprises.

I would like to take this opportunity to offer my sincere thanks to Robert for his continuing support and his dedication to spread the understanding of Reiki and Spirituality to the Whole World. Namaste"

Sharon Tucker

*We would like to thank Sharon for sharing her experience with you. Sharon has demonstrated the effectiveness of the New Awakening Spiritual System. We promise you that this is a true story that has not been edited by us in any way.*