

The Seekers Guide for a New Awakening

Essential Teachings
for your
Spiritual Enlightenment

Robert Bourne



The Seekers Guide for a New Awakening

Essential Teachings for Your Spiritual Enlightenment

The Excellent You – How to get what you really want
Love and Relationships – Creating loving meaningful relationships
The Gateway to Enlightenment – Awakening to Universal Divine Laws

‘Supporting the Oneness Process’

Home Study Learning Material available for this Guide

The Seekers Course Handbook
Audio Course 6 CD set, Meditation CD
Free Spiritual Attunement Video

“Welcome to your complete multimedia home study course.
I wish you every success in every area of your life”

Robert Bourne



United Kingdom

The Seekers Guide to a New Awakening

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Introduction and Background



New Awakening Love Healing & Wisdom

Spiritual Courses for your Development and Enlightenment

We are delighted to share with you our ‘New-Awakening’ courses to bring about your Personal Development and Spiritual Enlightenment. This complete healing experience enables Absolute understanding of the mind body and spirit connection. Study all the courses in the five stages to achieve amazing results. Many students have accomplished in one year what would normally take 10 to 20 years of practice to achieve! The secret to this phenomenal growth is in the combination of Divine Reiki healing with an ancient eastern mystical wisdom philosophy as practiced by Dr Usui himself. The courses link together holistically and are expressed in logical, understandable everyday language: offering a total healing experience that will transform your life into a new experience of inner richness and enjoyable connectedness to the world around you. This truly is a revolutionary inner awakening approach, based on the source of creation – Unconditional Love.

The first stage of your development will establish an emotionally secure positive personality centred in love, able to heal and with the ability to create your own chosen destiny. To build this solid foundation three

The Seekers Guide to a New Awakening

courses have been selected: The 'New Awakening Reiki Healing First Degree' will teach you how to heal yourself, friends, pets and plants through channelling the purity of the Reiki Universal Life Energy. Emotional healing is achieved through 'Love and Relationships' enabling you to discover the real meaning of intimacy and the secret of creating loving positive relationships centred in Unconditional Love. 'The Excellent You' will establish positive communication with an understanding of how your mind works in conjunction with the Law of Attraction, teaching you whole mind awareness meditation and creating abundance.

The second stage is achieved by helping others overcome their personal suffering through the magic of 'New Awakening Reiki Healing Second Degree' which deepens your Reiki and teaches you how to send healing long distances without having any physical contact. The training includes free energy attunements available from our website that empower the student to use the Reiki symbols and their mantras. 'New Awakening' Spiritual Reiki will also attune you to the three spiritual bodies, not previously taught on the Reiki Second degree course; you will have a direct spiritual experience of the three energies. The heart goes public and service work becomes part of your life.

In the third stage you will receive the 'New Awakening Reiki Master Degree Attunement'. In studying Dr Usui's personal spiritual practice contained in 'The Gateway to Enlightenment' you will learn how to transform your own personal mind's conditioning and belief systems into the true workings of the universal mind; how to establish 'Divine Wisdom'.

When you practice this system of healing as a tool for personal and spiritual development you will discover first hand that you are supported and guided by a kind and loving universe that will enable you to face all of the modern day challenges that you experience in your daily life.

"I would like to take this opportunity to send you my heartfelt appreciation and encouragement for the great courage that you have shown in embracing and expanding your life.....(more)

Home Study Plan of Action

How to Study the Multimedia Courses in ‘The Seekers Guide’

Preparation

- Read this manual all the way through quickly to get the idea of what you are going to learn
- Listen to the tutorial CDs repeatedly
- Listen to the Meditation CD every day for a minimum period of 21 days

Practice - General Advice to bring about a change in consciousness

- Repeatedly re-read this manual to reveals its layered meaning. You will discover that as your consciousness changes the teachings will reveal new meanings to you.
- When the CDs are listened to repeatedly, they have a transformative effect upon the consciousness of the listener. The ‘Ah Ha’ moments just keep coming over and over again. What could not be understood through reading alone becomes an enlightenment experience as the change in consciousness occurs at the soul level of awareness within you.

The Excellent You – Positive Personality

- Work through the Excellent You chapter in your own time as this will establish a positive personality. It will prepare you to take the leap into the Divine.
- You will learn ‘The Secret’ of how your mind works in relation to ‘The Law of Attraction’. You will also discover ‘The Key’ to clearing the blocks that prevent you from getting exactly what you want.

Love and Relationships – Unconditional Love

- Work through the Love and Relationships chapter. You will soon discover that you are Love!
- Practice the Krishna Mantra with an open mind. The main consideration here is to experience the loving feeling it will generate in the heart chakra.

The Gateway to Enlightenment – Divine Wisdom

- Study the Gateway to Enlightenment and then chant the mantra Namu Myoho Renge Kyo for 10 minutes with your eyes open.
- This practice of chanting will directly connect you to the source of creation therefore whatever you desire will quickly be realised through the Law of Attraction. The whole philosophy of Ichinen Sanzen is inscribed on the Mandala Gohonzon. Chant with your eyes open and focused upon the Mandala to awaken your deepest Buddha Wisdom.

**It is the magic ingredient which will bring your courses to life!
This is experiencing the attunements for the spiritual openings**

The contents contained within this Manual are factual information, new concepts and ways of thinking that are extremely important for your learning. You will learn through studying the theories and concepts. Many perhaps will be new to you and there may be some ideas that you are familiar with; whatever the case it does not matter.

To study this manual may we suggest reading it all the way through quickly to gain the general understanding of its contents and then re-read it slowly over a period of time, one that suits your learning speed. After you have done this we would then recommend that you pick up the manual when you are in the mood and open it at a place to suit yourself and just read that section.

Introduction and Background

By doing this repeatedly even if you are aware of the contents the conscious mind will reprogram your previously held beliefs about how life works transforming your understanding at a level of unconscious awareness.

You naturally change without making any effort

It is through conscious mind repetition together with total mind-body relaxation, when you produce a change in your energy state, that the contents will become a part of you, revealing their positive qualities for you beneficially, naturally, in your everyday life. They become a conditioned reaction to your interactions with other people without having to make conscious effort. The most important thing is to become whole as a person. This 'Seekers Guide' is only half of the solution; the attunement to the spiritual universal life energy completes the courses and makes them come alive. This is fantastic for you because without even trying your unconscious mind will automatically produce a balanced lifestyle for your happiness

Just by reading this manual you will change in a positive beautiful way. However the most important aspect that most people totally misunderstand is that the attunement you will receive is the key to unlocking your total experience on an energy and information level. Changing and **attuning** your consciousness to an energy that contains more wisdom, more love and healing than you already are connected to is the aspect that really changes your life for the better.

The interesting thing is that you are already connected to this source of energy but you are blocked from it; so in reality what is going to happen to you is an unblocking - a reconnecting to something that you already are. It is like removing the clouds that are hiding the sun so you can feel the warmth of the sunshine once again.

New Awakening for a New Age

Awakening to the state of oneness through ‘Unconditional Love’

The Seekers Guide is intended to accelerate the process of enlightenment for those wishing to experience Divine Unconditional Love.

Unconditional Love is the core sacred energy and grace that supports the transformation of consciousness and fosters spiritual awakening. This consciousness will enable an individual to transform the individual mind into a state of love and interconnection with all other beings, manifesting as a state of blissful graceful energy and wisdom. This is often described as Divine intelligent consciousness, Truth and Bliss within our everyday lives.

This remarkable spiritual phenomenon known throughout the ages as ‘Unconditional Love’ can be enjoyed after receiving an inner Divine connection through the crown and the heart chakra. Unconditional Love can also be transferred through many different approaches. To name a few: ‘In the Now’ as shared by the presence and awareness of Eckhart Tolle; Deeksha as shared by Amma Bhagavan through the Deeksha givers around the world who invoke Unconditional Love through the crown chakra. Chanting the Krishna mantra or using the Reiki Master’s energy will invoke Unconditional Love, experienced within the heart chakra.

All forms of religion agree with one another about the nature of the creation of life having the quality of Unconditional Love, although their approach or pathway can differ quite a lot and in many cases they can only point their finger to the way. This too has a very important role in the preparation of individuals to move directly onto their spiritual journey to discover for themselves what others have been so beautifully talking about. The key understanding that needs to be embraced here is that there is a common phenomenon that manifests within all the different approaches; the individual receives the transfer of Unconditional Love

directly as a result of the channel or giver having personally being awakened to the source of creation. The quality of that transfer will depend on the giver moving beyond religious, race, national prejudice, written teachings or dogma. They themselves will have become, arrived at the mystical state of 'BEING'. They are beyond the limitations of personal and collective suffering, commonly known as conditioning. They will have had a direct experience with the Divine and in many cases will have merged totally into the state of consciousness known as oneness.

In my experience the beautiful empty-minded present moment awareness, oneness, graceful, blissful condition that is experienced after receiving Unconditional Love will have a transformational effect upon the consciousness of the individual in relation to their past experiences of life. The transformational consciousness of the individual will transcend and integrate many lifetimes, not just this one lifetime's conditioned experience. It is the transformation of consciousness that removes limitations, heals past wounds and hurts and elevates the individual to a oneness condition, integrating their higher self; a merging with the heart and mind, an enlightened being aspect, to a state of oneness. The oneness phenomenon is something that can be written about but only appreciated when experienced. The beautiful phenomenon is in the simplicity, the gracefulness, the gentleness and Unconditional Love for all of mankind, animals and the natural world.

When someone experiences Unconditional Love for the very first time an instant transformation can be experienced. If that individual has previously embraced and understood wisdom teachings or universal wisdom workings about the higher state of consciousness, the individual will remain in the oneness state for a longer period than is normally experienced. Repeated connections and experiences of Unconditional Love will enlighten the individual over a period of time. This is the very objective of this book; to provide you with a rounded foundation of universal workings to prepare you to experience longer periods of the

oneness experience. This is what has been reported by many people who have prepared themselves with the teachings contained within this book.

.....(more)

The Beloved Universal Divine Consciousness

The Divine manifests into all phenomena - 'How the one becomes the many'. I would like to share a Vedic Yoga Rishi explanation of how the Divine manifests into existence. This concept is at the heart of the Eastern Mystical Teachings and is at the core of the New Awakening spiritual courses. The following five stages explain how the core of existence manifests into all phenomena, 'How the one becomes the many'.

1. The source of all things, of creation is 'Intelligent Pure Divine Consciousness, Truth (or existence) and Bliss.
2. As the supreme creator the mystical source manifests into duality creating the cosmos and the universe.
3. Unity Consciousness, Oneness Consciousness occurs where one Divine being is created which incarnates as an Avatar to guide us in this realm of duality. (An Avatar is an incarnation of the Divine; a direct creation of God, who manifests in the world in a physical body).
4. This Divine being incarnates into everyone as the higher self to guide the process of creation which is carried out by the self. A creative relationship now exists between all of life and the Divine.
5. The female aspect of creation is in communion with the male aspect of creation and is celebrated. The human being, once awakened to this connection becomes 'The Avatar'.

The Excellent You

Creating Excellence - Achieving Your True Potential

New Awakening has created this Training Course to Maximise the Effectiveness of Your Life

You will learn 'The Secret' of how your mind works in relation to 'The Law of Attraction'. You will also discover 'The Key' to clearing the blocks that prevent you from getting exactly what you want.

Love and Relationships

'New Awakening' has created this course to enable you to create meaningful relationships centred in Unconditional Love.

“I think that most people are settling for a life that is far less than they deserve, whether this be in their relationships, in their career, with their finances or within their family. Settling for only a part of your dreams would never make you completely happy. Getting yourself to take action enables you to make anything happen that you really wish for; this reality I am sure you can already understand. The secret to your happy existence lays in the inner quality of your emotional experiences and in having the wisdom to make the right choices in each moment of your existence”.

.....(more)

The Gateway to Enlightenment

This course will teach you how to develop Divine Wisdom through understanding the Universal Laws of the Divine Mind. You learn that Quantum Physics now agrees with Eastern Philosophy!

Meditations and Self Help Exercises

THE PRACTICE OF CHANTING 'I LOVE YOU'

Your main Goal in life should be 'Spiritual Awakening' which is a state of inner indestructible Happiness. You then discover that the limits in your life are only your own!

At the core of everyone - YOU and I and everyone else, we all want love. When you say or chant 'I Love You' as a mantra inside of yourself, you cleanse yourself of negative emotions and radiate at your core energy, which is LOVE.

You then RADIATE an energy that is common to us all and everyone feels it. The result is everything comes to you!

Chant or repeatedly say

'I Love You' 'I Love You' 'I Love You'

Repeat this mantra until you can feel a change inside of you

Use this mantra to Love your worries, problems, Blocks, illness and they will transform into the Universal core energy of Unconditional Love. Mix this practice with the practice of Gratitude to increase its power. Connect with Reiki and start chanting the mantra to deepen your experience.

Appendix - CD Track Guides

Book, Music and Website Source

The music of Deva Premal and Miten	
www.mitendevapremal.com	www.prabhumusic.net
Cygnus Books	www.cygnus-books.co.uk
(Freepost (SS1193), Llanadog, Carmarthenshire, SA19 9ZZ)	
Gaia Books Ltd. London	www.Gaiabooks.com
Reiki Magazine International	www.ReikiMagazine.com
Body & Mind Music CD Store	www.bluewatermusic.net
New World Music	www.newworldmusic.com
Music for healing, chant & dance	www.soundtravels.co.uk
Amazon Books CDs & DVDs	www.amazon.com
Spirituality - New Awakening	www.new-awakening.co.uk
Sports Psychology – Into The Zone	www.into-thezone.co.uk

Acknowledgments

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Osho – Bhagwan Shree Rajneesh, Amma and Bhagwan – Oneness movement, Deepak Chopra, Eckhart Tolle, Virginia Satir – family therapist and last but not least, Deva Premal and Miten for their mystically uplifting Divine music.

The Excellent You Track Guide – 2 Tutorial Audio CDs

Total Running Time 101 minutes – Audio MP3 Album Set

Track	Description & Page Numbers	Time
The Excellent You	MP3 CD 1	68 min
1	New Awakening Introduction	5.05
2	Course Overview	10.55
3	Creating Excellence & the Placebo Effect	6.48
4	How the Mind Works	16.12
5	How we Limit Ourselves	3.56
6	Structuring Positive Suggestions	11.14
7	Making Personal Change	3.44
8	The Overview to create change	3.35
9	A finished Suggestion for Self Confidence	6.36
The Excellent You	CD 2	33 min
1	How to use this meditation CD	7.14
2	Meditation for whole mind development	26.01

Appendix - CD Track Guides

Love & Relationships Track Guide – 2 Tutorial Audio CDs

Total Running Time 146 minutes – Audio MP3 Album Set

Track	Description & Page Numbers	Time
Love & Relationships CD 1		75 min
1	New Awakening Introduction	5.05
2	About Love	15.10
3	Ten Key Guidelines for your self-mastery	15.10
4	Emotional Stability & Aging	8.02
5	Krishna Consciousness & It's Practice	6.26
6	21 Day Journal & Ten meditations	10.34
7	Love & Fear, Possessiveness & Jealousy	20.10
Love & Relationships CD 2		66 min
1	Three Qualities to create a positive loving Relationship	6.51
2	Solutions to create Emotional Freedom	38.18
3	Loving Practice - Freeing Sexual Blocks Sex into Love with meditations	13.29
4	Gratitude centers you in Love	7.24

Gateway to Enlightenment Track Guide – 3 Tutorial Audio CDs

Total Running Time 188 minutes – Audio MP3 Album Set

Track	Description & Page Numbers	Time
Gateway to Enlightenment	CD 1	41 min
1	New Awakening Introduction	5.05
2	Intro – The Lotus Sutra & The Mantra	12.51
3	How to chant & Practice The Mantra	4.27
4	Chanting the Mantra	1.24
5	Religion, Spirituality and Mysticism	22.08
Gateway to Enlightenment	CD 2	70 min
1	The Universal Mind - Expanding awareness through embracing Universal concepts	18.25
2	The Vedantic/Yogic Hindu Views	21.41
3	The Buddhist View of the Ten Worlds	30.25
Gateway to Enlightenment	CD 3	72min
1	Vedantic/Yogic Hindu View - different states of awareness	12.41
2	Quantum Mechanical Universe	8.13
3	Vedantic/Yogic Hindu View of the Total make up of our being as different aspects	8.27
4	Overview	4.11
5	Key Points	13.19
6	The Spiritual Laws of Unconditional Love to create Unity Consciousness - Oneness	21.26
7	Universal Workings – Key Points	4.11

My gift to you, a spiritual resource for the world

I have provided FREE OF CHARGE part two of your course which is the Attunement. I have also supplied FREE OF CHARGE three tutorial Videos which show you how to give Reiki Healing treatments on a couch, on a chair and how to scan the aura. Please go to our website at www.new-awakening.co.uk to view these videos as often as you like.

There are no restrictions as to how many times you can view these videos

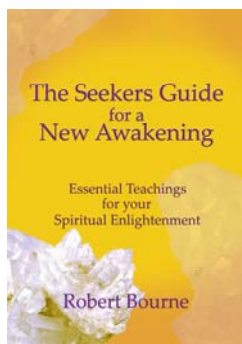
How to use the Distant Spiritual Attunement Video

1. Watch the VIDEO all the way through on your own, in a place where you won't be interrupted, to get the gist of what is going to happen. Unplug the phone etc.
2. To feel a deeper experience continue by relaxing your 'state of mind' by doing the Breathing Meditation listed at the back of this manual. This will prepare you to attune yourself more effectively.
3. Then replay the Video again from the beginning, this time taking 3 deep breaths, centre your awareness in your sacral chakra, moving your energy down from your mind. Relax and close your eyes. Now imagine that it is you sitting in the chair receiving the attunement.
4. When instructions are given, this is when I will now be talking to you and guiding you through the attunement. Following the sequence you can either do the instructed actions physically or see yourself doing them in your imagination.

The Seekers Guide to a New Awakening

The Complete New-Awakening Spiritual System

The Seekers Guide for a New Awakening



Essential Teachings for Your Spiritual Enlightenment

The Excellent You

How to get what you really want

Love and Relationships

Creating loving meaningful relationships

The Gateway to Enlightenment

Awakening to Universal Laws

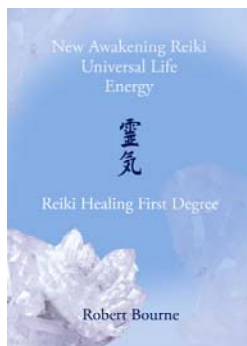
Home Study Material Available

The Seekers Course Handbook, Audio Course 6

CDs, plus a Meditation CD. **This Course**

Includes Free Spiritual Attunements

ISBN 978-0-9561159-7-3



Reiki Healing First Degree New Awakening System

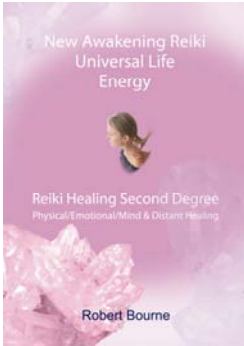
This Home Study Multimedia Course
is all about

**Healing Yourself, Family, Friends,
Pets and Plants**

Home Study Material Available

Course Manual, Reiki Music CD, Tutorial Audio Course CD

Includes Free Spiritual Attunements ISBN 978-0-9561159-4-2

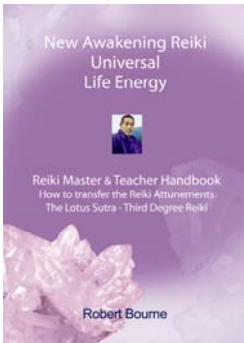


Reiki Healing Second Degree New Awakening System

**This Home Study Multimedia Course Teaches
Three Sacred Reiki Symbols for
Physical, Emotional, Mental, Soul and
Spiritual Distant Healing**

Home Study Material Available

**Course Manual, Reiki Music CD, and Tutorial Audio Course 3 CD set
Includes Free Spiritual Attunements ISBN 978-0-9561159-5-9**



The Reiki Master – Teacher New Awakening System

**This Home Study Multimedia Course Teaches
The Reiki Masters Symbol and Divine Wisdom
The Lotus Sutra and How to Teach Reiki
Transferring the Spiritual Attunements**

Home Study Material Available

**Course Book Manual and Tutorial Audio Course 2 CD set
Includes Free Spiritual Attunements ISBN 978-0-9561159-2-8**

The 'New Awakening' method has a compassionate methodical approach through providing proven energy experiences which build upon each other creating a solid safe foundation for the student. This compassionate system created for the individual will enable the next spiritual

The Seekers Guide to a New Awakening

opening to naturally occur safely. 'New Awakening' will support you with Divine Wisdom, Healing and Unconditional Love.

The 'New Awakening' system also provides three wisdom based companion personal and spiritual home study courses, with tutorial CDs, to support the seven spiritual openings. These courses are available as MP3 downloads – please view our website where you can download them from. 'The Seekers Guide for a New Awakening' supporting courses are 'The Excellent You, 'Love and Relationships' and 'The Gateway to Enlightenment'.

When the CDs are listened to repeatedly, they have a transformative effect upon the consciousness of the listener. The 'Ah Ha' moments just keep coming over and over again. What could not be understood through reading alone becomes an enlightenment experience as the change in consciousness occurs at the soul level of awareness within you.

New Awakening teaches The Universal Life Healing Energy in three stages; Reiki 1st Degree, Reiki 2nd Degree, Reiki Master/Reiki Master Teacher, with each stage consisting of two parts, the first part is the professional home study multimedia course learning material. The second part is the practical 'Self Attunement' energy experience, that is provided free of charge, as our gift to you from our website.

www.new-awakening.co.uk

About the Author



Robert Bourne is a Reiki Master Teacher, healer, author, resource manager for organisations and a spiritual course creator. He began his career in sports psychology, psychotherapy, hypnosis and NLP gaining an honours degree for his thesis on Auto-suggestion in 1986. In 1995 Spiritual fusion was experienced with the Beloved Universal Divine Consciousness revealing Robert's true mission as a spiritual teacher.

Robert was the founder of Reikiparty International, which was a friendship organisation uniting like-minded people. The Spiritual Organisation flowered in the spirit of Unconditional Love, whereby individuals who wished to unite with like minded friends were encouraged to do so by contacting each other with the view of helping and supporting each other on their spiritual journey. Reikiparty quickly evolved into a less structured organisation promoting the expanded spiritual system 'New Awakening'. This new spiritual holistic system is the compassionate flowering of the crown chakra within spiritual development. The organisation offers love, healing and friendship, providing guidance and encouragement for individuals who wish to hold fun events expressing the joy of Life. Because of the understanding that total freedom for the individual's personal expression of the Divine experience is embraced, no specific structure has been created as to how to hold events or support meetings. New Awakening supports those individuals who wish to make contact with other like minded friends in the form of providing 'how to do' free of charge downloads. You can find these free downloads from within our resource centre on our website at www.new-awakening.co.uk.

The Seekers Guide to a New Awakening

The expanded idea of the Reiki Healing Universal Life Energy being practiced for personal and spiritual development is now promoted to everyone. Reiki healing is seen as the first step to a greater energy experience of Unconditional Love to take place within the individual; to achieve an experience of bliss and Truth in the form of Divine wisdom and oneness enlightenment.

It was in 2008 that the phenomenon of New-Awakening was created. This is an advanced energy experience based upon an Unconditional Love energy transfer. The place where no conflict arises is the consciousness of Oneness, of Unity consciousness. It is this consciousness that is the foundation of this new people's organisation. It is this place where you will arrive through studying all four courses in this total system for spiritual enlightenment.

Robert, author and course creator for Naturally You Publishing, is currently living in Devon in the UK. Robert's life's purpose is to offer teachings and energy experiences to bring about a change in higher consciousness for the individual. The creation of value is always the first consideration when creating interactive courses. The vision is to create a golden age wherein society becomes a loving spiritual experience for the whole of mankind.

Finally Robert would like to share with you

"I am devoted to sharing the blissful
Divine connection of purity with you"

Namaste

Caution and guidelines for your safety with Reiki

The exercises, hand positions and meditations described in this course manual are intended for the healing and harmonization of you as a holistic being. The course creator wishes to point out that, in the case of illness, a doctor or healing practitioner should always be consulted. The Reiki positions and meditations described may naturally be applied as an additional form of treatment. Reiki does not take the place of conventional medicine. Always consult your doctor for an acute or infectious condition and any problem of urgent concern.

Reiki is a complementary therapy that works effectively alongside orthodox and alternative health-care solutions.

The Seekers Guide for a New Awakening

A new awakening for a golden spiritual age is presented in this book with suggestions and explanations as to how this beautiful concept can be achieved in your life. In addition the book contains three courses, with tutorial CDs available, that provide the spiritual seeker essential teachings to accelerate the process of spiritual enlightenment.



"Reading this book together with listening to the sound of my voice on the CD sets will enable a Divine inner shift of consciousness to occur within you. I wish you tremendous happiness in every area of your life. May the mystic law help you create the life of your dreams as you become a blessing to mankind."

Robert Bourne – Spiritual Teacher

'The Excellent You' has been designed to create a positive individual. A positive person can only say "yes". It is "yes" that is required to leap into the Divine. On this course you will learn the secret of how your mind works in relation to 'The Law of Attraction'. This course also contains 'The Key' to clearing your blocks, the conditioning that prevents you from getting what you want, from being who you truly are.

'The Love and Relationships' course will enable you to develop a compassionate heart so that you flower into the experience of Unconditional Love. You learn the secret to creating meaningful relationships with yourself and others.

'The Gateway to Enlightenment' course will awaken your Divine wisdom as you discover the laws of creation as taught by the Mystics of the past. You will discover how these ancient teachings now come together and agree with the recent discoveries found in quantum physics.

When the CDs are listened to repeatedly, they have a transformative effect upon the consciousness of the listener. The 'Ah Ha' moments just keep coming over and over again. What could not be understood through reading alone becomes an enlightenment experience as the change in consciousness occurs at the soul level of awareness.

The Seekers Guide - £10.99


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