



# The Gateway to Enlightenment

Entrance Requirement:- Reiki 1

This Course Contains

- **Dr. Usui's untaught Spiritual Practice & mantra for obtaining Enlightenment**
- **The workings of the Universal Mind & The software of the soul**
- **Karma - memory and desire - memory is holographic**
- **Synchronicity - cause and effect existing at the same time**
- **The Vedantic - Hindu - Yogic view of The Universal Laws of truth**
- **How 'Sexual Energy' is the creative energy of the universe**
- **The Buddhist view of the oneness of life - The seven spiritual laws of success**
- **How different consciousnesses are existing in the same place at the same time**
- **A scientific explanation of this Quantum Mechanical Universe**
- **The difference between the scientist's universal model and spiritual consciousness**

## The Wisdom Body Divine Mind - Teaching Eastern Philosophy

### A foundation course to achieve 'Unity Consciousness' – Enlightenment

Congratulations on your initiation to the Reiki Healing System. We offer our heartfelt gratitude to Dr. Usui for leaving actual proof of the flowering of the Universal Divine Heart in the form of this wonderful teaching. You are now at the stage of your development that connects you directly through your heart Chakra to 'The Beloved Universal Divine Consciousness' Unconditional Love. You are acting as a channel for the compassionate expression of unconditional love; known as Reiki healing. For living and practicing Reiki healing you will be spiritually rewarded within your soul with a heavenly rebirth and the indestructible 'Angelic Healing Body' of the divine.

This wisdom body course has been created to teach you a spiritual philosophy that is the cause for your Enlightenment; teaching you a wisdom philosophy that will enable you to achieve the status of 'Reiki Master' through direct experience; the fusion of 'the self with the divine'. *"With many thanks to the research of the worlds finest Reiki Masters, William Lee Rand, Frank Arjava Petter and Walter Lubeck I was delighted to discover that the spiritual wisdom philosophy Dr. Usui studied before his Enlightenment was the same philosophy that had caused my own personal experience of Unity Consciousness"*. It is this very same wisdom philosophy that is offered to you on this course. **This course is about Divine Wisdom.**

**The Home Study Course** is for Reiki 1st or 2nd degree students containing three tutorial CDs and a 105 page manual. This manual includes the mystical mantra and spiritual practice for developing the Divine Wisdom Body

**Themed Workshops** Reiki Party International has created special one day workshops focusing on aspects from this course. This additional personal training will bring this manual to life. For workshops in your area visit [www.reikiarty.com/party\\_uk.html](http://www.reikiarty.com/party_uk.html)

# The Beloved Universal Divine Consciousness

## Spirit expresses itself as different states of awareness

The ninth quality of spirit is that it expresses itself as different states of awareness, because spirit is awareness itself. Spirit in its essence at its core is pure awareness but as it expresses itself into our physiology, when it manifests into the world of cause and effect, duality, it expresses itself in different states of awareness. In fact the different states of awareness all exist in the same place at the same time. The only difference between them is in their consciousness function and their rate of vibration.

## The Buddhist view of ten life conditions - states of awareness *(This is an overlapping concept to what has just been discussed)*

First of all I would like to discuss the reason why we all perceive the world in a different way from one another.

This concept relates to and is very important to understanding the concept of your soul and how you perceive the world in which you live and are experiencing life.

Within the whole of existence the Buddhist highest teachings explain that existence comprises of ten different energy vibrations or life conditions. Once again the concept of mutually inclusive is applied to these ten life conditions. The nine soul life conditions are contained within the one life condition of Buddhahood/Enlightenment, so one life condition contains all the other nine life conditions; they all occupy the same space. The previous explanation of a hologram may help your understanding with this concept of mutually inclusive.

What is important to understand is that at any one moment within existence any of the nine life conditions can manifest at any time and are in constant change from moment to moment within each other.

Another important concept to consider is that any of the nine worlds are contained within the realm of duality.

The tenth world in Buddhism relates to what we have been referring to as Spirit, the Universal Beloved Divine Consciousness.

This is very interesting because you can see that there are overlapping parallels, different names relating to the same essence. In Christianity this essence will be known as God. I deeply respect Christianity however I am unable to find an explanation of the workings of the life in relation to God within their teachings. This is why I refer to Eastern philosophy.

So let's begin by explaining these ten life conditions. What is important to understand is that within every molecule of life, within every human being, within the natural environment, within the whole of creation these ten life conditions exist. So you can imagine that every interaction, every experience is being perceived according to the predominant life condition, state of awareness, which the soul is tuned into.

I would like to first of all say that through the experience of cause and effect as previously explained, the life condition of every action, every cause and effect experience is charged with a certain vibrational awareness or consciousness by one of the nine worlds.

This explains why different individuals display predominant perceptions relating to life. The individual soul is no more than your own personality which is a collection of all the causes and effects, known as your collective karma, and is predominantly vibrating within one of the life conditions or consciousnesses that now will be explained.

As I am explaining the ten worlds meditate upon them and see if you can identify with their descriptions, their tendencies, the different ways of thinking and perceiving your life's experience.

Please remember that your life is not fixed in just one of these conditions because your life is constantly changing, it is in a state of constant transformation. So the world that we are experiencing now at this moment has the potential at any moment to change and manifest into one of the other nine hidden unseen life conditions.

This forms the basis for the belief that every single person has the opportunity to become a Buddha because Buddhahood exists within your own life.

All you have to do is; activate the state of Reiki healing, meditate upon wisdom philosophy, chant the mystic mantras and you will connect and activate The Beloved Divine Universal Consciousness, Spirit. This will transform the nine worlds of duality from illusion into Enlightenment.

# The wisdom course key points overview

## Enlightenment means to become one with light

Everything, the whole universal energy and information occupies the same space but does not interfere with each other because everything is vibrating at different frequencies.

## Unity consciousness

The oneness of life proves existence beyond space and time; from the Divine consciousness events can manifest at the same time in different places. This proves that cause and effect exist at the same time and that everything is contained within this present moment of your life's experience.

Enlightenment is here and now and is only dependent upon your desire and your faith to open yourself to your Divine higher self, thus expanding and melting your individual self with the universal self. The Divine is not outside of you or in a different place because it is exactly where you are. Open the door and allow its fusion with your individuality. I promise you that you will not lose your identity but your soul (the collective storehouse of your individual karma) will transform its life condition into the Buddha state, the state of the Beloved Universal Consciousness of God. So considering the true holistic inner reality no separation exists.

The secret to enlightenment now is no longer a secret because it is within you right here, right now. If you cannot feel it at first clear your mind and emotions with a Reiki healing session and then chant the mystic law to reveal the mystic truth that has always been inside of you, although as a hidden jewel. As previously learnt chant '**The Mystic Mantra**' to reveal this mystic truth.

*(I love you from the bottom of my heart and I can promise you that if you maintain a daily consistent practice you will obtain unity consciousness – enlightenment).*

## The whole is contained within every individual part

As Spirit moves from the un-manifest (the invisible) into the manifest (your everyday visible reality) it does so in such a way that the whole is contained within every part.

## Holographic example

The whole is contained within every part. The karmic software of the universe is contained within every cell of your body holographically.

# Gateway to Enlightenment Course Manual Contents

## THE MASTER'S WISDOM COURSE - EASTERN PHILOSOPHIES

### The foundation training course for Reiki Master Enlightenment Incorporating the spiritual Buddhist philosophy practiced by Dr. Usui

#### INTRODUCTION    A HEALING SYSTEM FOR YOUR ENLIGHTENMENT

##### THE NEED FOR AN ATTUNEMENT

The Magic ingredient to bring your course to life \* What is an attunement?

##### DR USUI – THE FOUNDER OF REIKI & his relationship with The Lotus Sutra

The Tendai School, T'ien-t'ai & The Lotus Sutra \* The Mystic Law mantra

How to practice Dr Usui's practice of the Lotus Sutra

##### RELIGION, SPIRITUALITY AND RELIGION - definition

The paradox of the spiritual path \* The journey of awakening \* Beyond the barriers of conditioning

Live a balanced life \* Seeing, becoming, being \* The hidden power within life \* Beyond God! A personal sharing

Acceptance not apathy – see each moment as it is \* Love is non-attachment \* Doorway to Eternity

##### THE UNIVERSAL MIND

Three ways of exploring this so-called reality \* The physical body is experienced objectively

The subjective experience of information and energy is the mind \* The soul is the source of information and energy

There is an interpreter behind the scenes \* The Field of infinite possibilities

You are an interpreter and a choice maker - You exist outside of your brain and body

##### THE SOFTWARE OF THE SOUL

Karma (the law of cause and effect) memory and desire \* Synchronicity – Cause and effect existing at the same time

Setting the stage for the spontaneous fulfilment of your desires \* We all have the potential to expand our awareness

Electromagnetism is really the energy of light –Enlightenment means to become one with light

Unity consciousness is the result of expanded awareness \* What is the connection between our mind and the universe?

##### THE VEDIC YOGIC HINDU VIEW

Some qualities of spirit that manifest at different levels of our existence

The whole is contained within every individual part \* Hologram example \* Memory is holographic

Spirit manifests into creation at different levels of vibration \* All things are in constant transformation

Your soul is made up of coexisting opposing opposites \* Sexual energy is the creative energy of the universe

Sexual experience can be a means to enlightenment \* The objective of spirit is your enlightenment

Align the rhythms in your body to the rhythms in the universe \* Spirit expresses itself as different states of awareness

##### THE BUDDIST VIEW OF TEN LIFE CONDITIONS/STATES OF AWARENESS

Hell \* Hunger Greed Unsatisfied desire \* Animality \* Egocentric Perversion \* Humanity or Tranquillity

Heaven or Rapture \* The six lower life conditions \* The four noble worlds or life conditions \* Learning \* Realization

Bodhisattva \* Buddhahood \* Buddhahood Ten world's overview \* We need relationships to exist and become happy

A Buddhist view of how life works through and from the ten life conditions

##### JEWISH RELIGION – JUDAISM – THE CABALA

## **THE VEDANTIC YOGIC HINDU VIEW cont**

The spirit expresses itself as different states of awareness \* Attention and Intention for transformation  
Attention is energy and intention is information \* In its pure essence spirit is the experience of Unconditional Love  
Spirit is self-protecting and self-manifesting \* The spirit has infinite organizing power  
Everything exists in the space between your thoughts \* The Astral Body \* The Subtle Body \* Object referral \* The soul

## **QUANTUM MECHANICAL UNIVERSE**

The Physical body – the material level \* Gravity \* Strong forces \* The weak interaction  
The difference between Scientists and Spiritual Consciousness

## **THE DIVINE BELOVED UNIVERSAL CONSCIOUSNESS**

Unconditional love is spirit \* Enlightenment is the fusion of healing and wisdom \* Reiki healing

## **THE 15 WISDOM COURSE KEY POINTS OVERVIEW**

Enlightenment means to become one with light \* Unity consciousness \* The whole is contained within every part  
Holographic example \* Spirit manifests into creation at different levels of vibration  
Your soul is made up of coexisting opposites \* The objective of spirit is your enlightenment  
The Buddhist view of ten life conditions – ten states of awareness \* The practice to achieve enlightenment  
Buddhahood – the ten world's overview \* You are a choice maker and an interpreter  
Use attention and intention for transformation \* The Divine spirit – The universal mind has infinite organizing power  
What are you? \* You can become what ever you chose to become

## **THE SPIRITUAL LAWS TO LEARN**

Creating unity consciousness – unconditional love \* Dropping your limitations revealing your true universal self  
How the total mind; generator, organizer and deliverer works \* The law of karma action \* The law of least effort  
To activate the law of pure potentiality you need to connect with it \* Do less and accomplish more  
Freedom is experienced when you let go of making judgments \* Life centre present moment awareness  
The law of giving \* Give attention, affection and appreciation \* Activating the law of least effort through acceptance  
Everything comes down to the life condition of your attention \* Taking responsibility activates the law of least effort  
Place your attention on what is \* The law of detachment \* You have to become process oriented not outcome oriented  
The law of Dharma – your purpose in life \* Discover your gift and then live your gift \* Offer your gift in service to humanity  
Shift your internal dialogue from 'what is in it for me' to 'how can I help'

## **UNIVERSAL WORKINGS - KEY POINTS**

### **14 MEDITATIONS PLUS EXERCISES TO REFRAME YOUR MIND & EMOTIONS**

Nonsense Meditation \* Dynamic Meditation \* Breathing Meditation \* Vispassana Meditation  
Vispassana for advanced Meditators \* Vispassana Walking Meditation \* Nadabrahma Meditation  
Dance and Movement Meditation \* The Laughing Buddha \* Self-Esteem Booster  
Exercise to change negative internal dialogue \* Extended version to change negative internal dialogue  
Looking Through The Eyes of Love \* Your Friendly Mirror

## **THE ENLIGHTENED YOU**

### **SPIRITUAL QUOTES FOR YOUR MEDITATION**

### **GATEWAY TO ENLIGHTENMENT CD & DVD TUTORIAL TRACK GUIDE**

Gateway to Enlightenment CD1, CD2 & CD3