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About
**The Awakening
Process**

Contains Eight Courses
for
Personal Development
Reiki Healing and Spiritual Awakening

Robert Bourne



The Awakening Process

Living from Love

by

Robert Bourne



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The New Awakening Multimedia Process

The Courses in the Awakening Process

The process consists of the following eight course modules; Reiki Healing First Degree, The Excellent You, Love and Relationships, Sat Guru Sacred Mantra Practice, Reiki Healing Second Degree, Reiki Master and Teacher, The Gateway to Enlightenment and the Awakening Truths in 'The Divine Message About You' with the final awakening practice taught in 'The Masters Path'.

Professionally Approved Core Therapy Courses

The three Reiki healing courses have been approved and accredited by Embody and the Complimentary Therapists Association as core therapy qualifying courses. Love and Relationships, The Excellent You and The Gateway to Enlightenment three courses have also been accredited as personal development courses. Each of these six multimedia courses therefore qualify for continuous professional development (CPD).

The New Awakening Process Video



To watch the YouTube video click on the image or visit my website homepage

Note: My advice is to buy 'The Awakening Process' download plus a hardcover version of 'The Masters Path' book.

The free courses you can now access via my website will not be available forever. There is the possibility that YouTube and the internet will not always be freely available or even continue to exist. Once you have downloaded the process keep a copy on a backup drive so it is never lost. Do not rely upon the cloud storage facility as this could also be gone in the future.

Quick Overview of the Process

The First Stage of the Process is called Personal Fulfilment

This stage contains three books and multimedia courses

In the first three courses, Reiki Healing First Degree, The Excellent You and Love and Relationships you will discover how your mind works and how to change any negative conditioning in your life. You will also experience the beauty of a loving, healing, comforting energy. We all want to love and be loved in return and the third module Love and Relationships teaches you emotional intelligence. You will learn the secret to creating meaningful relationships with yourself and with others.

These three courses complete stage one of The Awakening Process. The first stage is called **Personal Fulfilment** and it will create a positive personality, someone who has the tools and skills to create and achieve a life of their dreams. You will have the ability to heal your mind, body and emotions, to change unwanted behaviour and create positive loving relationships. Every human being must secretly want this?

The Second Stage of the Process is called Soul Evolution

This stage contains four books and course multimedia modules

The spiritual journey progresses when you have achieved your personal ambitions to wanting to understand about a spiritual life and the universal mind or consciousness. You will now want to learn more about the spiritual laws of existence. It is at this point of a persons evolution that they realise they are not separate from others in the world and become responsible for their own life's experiences of good and bad, instead of blaming others for what happens to them. **Soul Evolution** expands your energy vibration so that the individual is creating value on the planet naturally without effort. There is even a bonus chapter with a detailed explanation of the seven chakra relationships we all find ourselves in. The four modules in stage two will transform your life in a new way bringing you closer to your Divine True-Self. These four course modules will start transforming your soul body to a higher vibrational frequency or consciousness.

The Third Stage is called True-Self Awakening

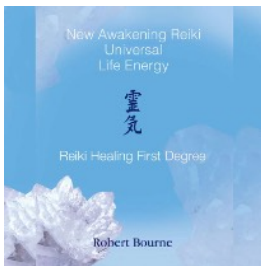
This stage is in two parts and contains two books with audio tutorials

True-Self Awakening is the final stage in the New Awakening Process which contains two books: 'The Divine Message About You' and a new teaching 'The Masters Path' created for True-Self-Awakening. In The Masters Path book there is also a commonly asked question and answer guide compiled from many years of questions that have been asked from spiritual seekers all over the world about True-Self awakening and enlightenment.

The Awakening Truths explained in this manual brings the mind to a place of stillness; resting in the contentment of the Divine Heart. When the mind becomes still an alignment with the two pure unchanging spiritual bodies of the Divine True-Self are experienced; these two aspects are Pure Awareness and Divine Love Presence.

The First Stage of the Process is called Personal Fulfilment

Module 1: Reiki Healing First Degree



The healing energy comes from unconditional love which is a greater love than the love most people experience between each other. This means that it brings emotional comfort to your life, calms a busy mind and prepares your energy system for something more to be experienced at the next stage of your evolution. It is a spiritual foundation for everything else you will ever want to do and experience, it is beyond the mind.

At times we all experience illness, accidents or injuries. To be able to help heal yourself at these times is an important self-empowerment gift. Having this talent is also helpful when friends and family need help, physically and emotionally. You are no longer helpless because you can now do something to help the people you care about.

Module 2: Creating Abundance - The Excellent You

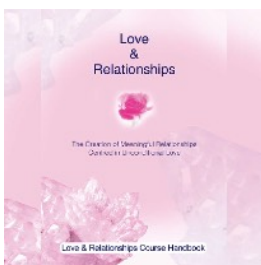


You will develop a positive self image and learn how you co-create with your inner Divine Self to bring about the goals and ambitions you desire within your life.

This course also teaches you how to Meditate so you can learn to experience the alpha calm state of mind for inner peace. This is important because it is in this state of mind that you can re-program unwanted patterns of behaviour and self-limiting-beliefs. You will learn how to keep your mind in the now in a focused and mindful way,

ideal for sports. Once you know how your mind works then you have the power to change it, instead of it and social conditioning controlling you. I have added a bonus workshop in this course called 'Creating Abundance' which is based upon DVDs like 'The Secret'.

Module 3: Love and Relationships



Love and Relationships (*for your heart and emotions*). We all want to love and be loved within relationships, this course teaches you emotional intelligence. You will learn the secret to creating meaningful relationships with yourself and with others.

This course complements the first two modules in **Personal Fulfilment**, **Creating Abundance** and **Reiki Healing First Degree**, where you will have discovered how your mind works and have experienced the beauty of a loving healing energy.

These three courses will create a positive personality who has the tools and skills to achieve a life of their dreams, able to heal, meditate and create positive loving relationships. Every human being must surely want this?

The Spiritual Laws of Existence

The Second Stage of the Process is called Soul Evolution

The spiritual journey progresses when you have achieved your personal ambitions and want to understand about a spiritual life and the universal mind or consciousness. You will then want to learn more about the spiritual laws of existence. It is at this point of evolution when you realise that you are not separate from others in the world and become responsible for your own life's experiences of good and bad instead of blaming others for what happens to you. It is at this stage that your energy vibration is creating value on the planet.

The four courses Modules 4-7 will start transforming your soul body to a higher vibrational frequency or consciousness. For those on their spiritual journey who want to leave no stone unturned the combination of these four courses create a solid foundation for your life. This will make the final stage of awakening into living life from a state of Divine love, very easy. The other key point most people do not realise about learning spiritual practices is that when you are living from your True-Self, your inner Divine, will be able to use much more for your life's talents and experience to benefit yourself and others.

Module 4: Sat Guru Sacred Mantra Bhakti Yoga Practice



To create an awakening experience the sacred mantras have been carefully selected from the direct feedback of many Sacred mantra groups I held. The mantras only contain the original root Sanskrit words; all additional wording has been removed. Each mantra leads to the next, therefore the sequence is significant. The Indian Vedic masters knew how to awaken the Divine aspect of each chakra to purify the rainbow body, which is what this CD will do for you.

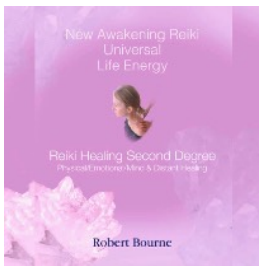
Part One of the CD: Mantras 1-5 The journey begins with Ong Namoh inviting the inner Guru, the Divine Mind into the heart through the surrender of the egoic limited conditioned personal mind to accepting not-knowing. In mantras 2-4 a going home experience happens by moving down from the head to the heart chakra, Divine love intelligence.

Part Two of the CD: Mantras 6-8 The journey in part 2 starts with Sita Ram inviting the Divine into the heart. The heart has now been prepared for dissolving mind and soul illusions through embracing Shiva in mantras 7-8. The final step is to awaken the inner Sat Guru ~ Brahma Nandam ~ Mantra 9.

You can use this CD to join or hold a sacred mantra devotional singing chanting group within a New Awakening Support Group. This CD creates a transformational experience to achieve 'Freedom from the limited conditioned self' then the soul will radiate more Divine Light.

This is the key practice in Soul Evolution to prepare for your True-Self Awakening.

Module 5: Reiki Healing Second Degree

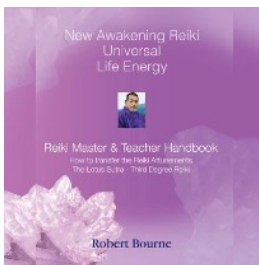


The New Awakening Reiki healing second degree deepens your Reiki healing experience. This second stage of your spiritual development will bring you awareness through direct experience of the three spiritual bodies. *(Not taught on most Western Reiki courses).*

The three spiritual bodies are; the physical body anchored in the base chakra, the emotional body of love anchored in the heart chakra and the Divine mind body anchored in the third eye chakra.

It is very profound to awaken this understanding through direct experience. The 'New Awakening Reiki Healing Second Degree' forms the basis for The Masters Path practice'.

Module 6: Reiki Master and Teacher

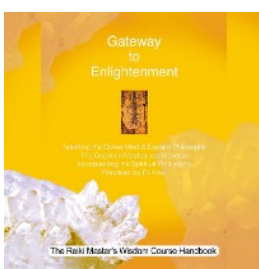


When the spiritual openings in the New Awakening Reiki Second Degree have been established the heart chakra of the student can now fully open radiating Unconditional Love for all of mankind.

This final module in New Awakening Reiki Healing completes the circle whereby you learn the ability to attune others to Reiki healing helping them progress on their unique spiritual journey. Dr Usui's spiritual practice of The Lotus Sutra is also taught. *(This is the ancient knowledge that has been removed from other Reiki courses).*

The New Awakening Reiki Master Teacher is about attuning others. It is the oneness energy of unconditional love that enables this to occur through the Divine chakra.

Module 7: The Gateway to Enlightenment



This course contains and integrates a combination of all the different past eastern mystical teachings regarding how life works in accordance to the spiritual laws of creation.

There is a comparison to quantum physics, in a simple form, to show how science and eastern mysticism have basically come to agree with each other.

When you want spiritual bliss and unshakable happiness that are not based upon personal circumstances then it is very helpful to learn the spiritual laws of creation. This course will become the foundation for your enlightenment providing you many answers to seeking questions. This module is essential in awakening your higher mind Spiritual Truths. After you have chanted the sacred mantra CD practice Sat Guru and go on to read and listen to these Truths, you will transform your soul from illusion into enlightenment. This course provides the spiritual wisdom foundation for the Masters Path practice and is the wisdom required for the Reiki Master.

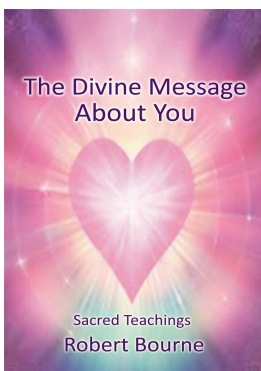
The Final Stage in the Process is called True-Self Awakening

The True-Self Awakening Practice is a new spiritual practice specifically created by the realm of the Ascendant Masters. I was privileged to be the receiver of this teaching which manifested through Divine Grace in 2014. It is the new teaching for this age which you will not find anywhere else. I have been informed by a renowned spiritual medium that this new teaching and practice will transform the world.

I am excited by the results from those who took part in the original trial groups of the original True-Self awakening group practice as to how transformational it is. A more direct practice is now taught in 'The Masters Path' that manifested some ten years later in 2024 and has replaced the original Oneness group practice that was called Gentle Touch. The new practice in The Masters Path is very personal and is not practiced in a group.

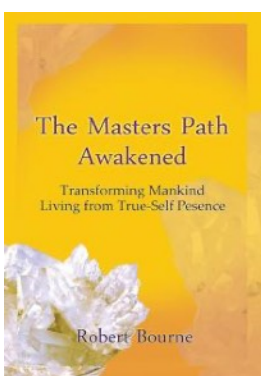
The eternal truths are always the same, however this age requires a modern approach for the awakening of many human beings, not just a few individuals. It is this which you now have the opportunity of practicing.

Module 8: The Awakening Practice



This is a modern practice for awakening your True-Self and living life from a state of Divine Love Presence. In this state your soul-body will be transformed into a state of enlightenment or True-Self.

The main difference at this stage of evolution is that you are practicing to awaken the Divine Presence of Universal Love. Once you have a direct experience of this then you surrender your daily life experience (*normally manifesting as your past mind's creation*) to the conscious love presence which then transforms and re-directs your life actions.



The Truths in 'The Divine Message About You' contain the knowledge about who and what we really are. This book is included in the True-Self Awakening manual.

The Ascendant Master Practice is taught in 'The Masters Path' This book is also included in the True-Self Awakening Manual.

(For those not working through The Awakening Process this final book can also be bought on its own as a hardcover or paperback book).

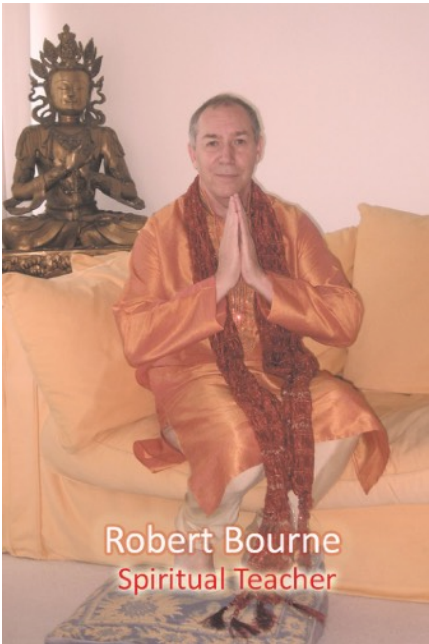
Once awakening occurs Divine wisdom will arrive in a no-thinking knowingness about what to do in essential life moments, as opposed to the limited knowledge stored in the thinking personal-mind. This is an advanced stage of spiritual evolution whereby you are being the unique you in your True-Divine-Self; it is a mystical state of being.

When you awaken you will become a blessing to mankind without the person trying to create value or having to practice anything at all. Why is this? Because the person no longer exists or should I say controls your life!

About the Author

Robert Bourne

Robert Bourne is a Spiritual Teacher, Reiki Master, Sports Psychologist, Musician, Author, and a multimedia course creator. He began his career in sports psychology, hypnosis and NLP gaining an honours degree for his thesis on Auto-suggestion in 1986.



Robert was the founder of Reiki-party International, which was a friendship organisation uniting like-minded people. The Spiritual Organisation flowered in the spirit of Unconditional Love, whereby individuals united with like minded friends with the view of helping and supporting each other on their spiritual journey. After the success of every module Reiki-party evolved into New Awakening promoting self-evolution through 'The Awakening Process'.

Robert's life's purpose was to create teachings and energy experiences to bring about a transformation into higher consciousness for the individual. The creation of value was always the first consideration when creating interactive courses. The vision is to help support a new self-awakened age wherein society evolves towards a spiritually awakened existence.

The Awakening Process was created by Divine Guidance

Looking back some twenty one years later I can see my life's purpose was to incarnate and create this Awakening Process and to start a campaign to help others transform themselves. The Process will help to transform our planet by evolving into a higher vibrational consciousness at this crucial time in mankind's history.

After my own awakening to the realm of ascendant master oneness love I received instruction as to what to do with my awakening. When creating the first six modules in the process I was instructed and guided by the higher Divine Presence of Love to teach Reiki Healing as a preparation for the individual's soul to later receive the greater energy of unconditional Divine Love. When writing these modules they just flowed out of me like water from a tap. This was never a trial as I was always in a state of bliss.

The Bhakti Yoga sacred mantra devotional practice followed some years later when the instruction to create this practice happened on a two day retreat with Sat Guru Mooji.

Regarding the final stage in the process this was a bit different as I received direct instructions regarding the True-Self Awakening module. I received two visits from the golden light of the ascendent masters. The first was in 2014 to guide me to write 'The Divine Message About You' containing the sacred Truths which is the knowledge required for awakening.

About the Author

The second visit came ten years later in 2024 where I was instructed to create the sacred awakening practice taught in the final book of the process called 'The Masters Path'.

For those who have prepared their soul this final teaching is a direct route to connect to the Ascendent Master realm of pure light consciousness. The Master Path practice is very personal as it perfectly fits a persons unique individuality, therefore it is something that can only be experienced on their own and not in a group.

If someone has the desire to Awaken, this process will achieve it for them. They only have to follow my guidance and take part in the spiritual practices to discover the miracles that will occur in their life.

My training college has now closed with every module in the process having been successfully experienced by others. The Reiki training is the finest in the world which many existing Reiki Masters have undertaken to deepen and add to their existing practice. This means the process is a authentic formula transforming all individuals who have taken part, no matter where they live in the world or what culture they have been born into.

My YouTube channel is not being monitored anymore but is growing on its own accord, now having over seven thousand followers. Today I have nothing else to do except to share these teachings with the whole world.



Awakening Your Religion

Three books have been written for different religious believers

I have also been guided to help the traditional religions in the world by creating three additional books containing the awakening knowledge required for followers who are attached to a particular religion.

The knowledge in the books will enable believers to make the final inner journey of having a direct experiencing with their own concept of God/Allah. The books contents celebrates what a follower practices and therefore they are not threatening or controversial to their existing religious organisation. The books explain how to use the existing religious belief to make this final transformation. Details are available at the end of this overview.

Robert's Awakening Experience

My own sharing of awakening is unique to me in order to carry out my life purpose, therefore do not expect awakening to be the same experience for you, as you are also unique.

Buddhist Treasure Tower Experience and Sending Devotional Love to God

In the early nineties I was confronted with a schism in my Buddhist organisation NSUK. I was asked to continue my practice with the lay society or with the priesthood structure. I declined them both as I loved them both equally.

This gave me the perfect opportunity to search deeper within myself for this idea of enlightenment. I surrendered my life and everything I thought I knew by letting go of any idea or concept of life's workings, allowing my mind to become open to the new.

If the Buddha said The Lotus Sutra is the cause for all enlightenment then up to that point in my life I had not experienced it.

My objective was to have a Direct Experience of the Buddha Christ Consciousness

I became a recluse and took down my Gohonzon (the mandala I used within my Buddhist practice). To establish the authenticity of 'The Lotus Sutra' I obtained two copies of the book sourced from opposing sects. I then chanted over each chapter of the Sutra until I had a direct realisation of what they were sharing. I then passionately embraced everything as God with as much personal love emotionally I had to give to this hidden enlightened Buddha or Divine God Being.

My Buddhist Treasure Tower Awakening (The Lotus Sutra)

1. Sitting beneath a Niagara falls of love I was filled slowly from the base upwards with love until my rainbow body was overflowing within each chakra. It stopped at my third eye where I met my inner divinity.
2. As I was being raised up in this ocean of love, going past the questioning personal mind into a state of peace and contentment, the questioner had been left far behind.
3. This place of ascendent masters was where I was told I would come to after leaving my body. There were some masters at this place in service to mankind and some had moved into other dimensions in a state our earthly mind knows as God. Life continues in a non-physical form once union with the state of God consciousness occurs. You could say that becoming one with God is the entry point to this new existence.
4. In my awareness I then saw the whole of mankind within it as it is holographic in nature. There is only one mind which contains every unique living being's mind on the planet. This one mind acts just like a telephone exchange, when someone puts their attention on you it rings your own inner mind exchange number; this explains telepathy.

5. Being outside of the dualistic realm of lower condensed consciousness I also saw the world in the shape of a globe that was made up of all our bodies on earth and that my body and life, although unique, was just like a cell within the human body or a very small grain of sand within this one earthly body.
6. At this place of perfect stillness all desires had dissolved. There was only one desire left within my life which was to share this love presence with the world. My only role was to help the world in the Awakening Process. I felt like a fountain of love which was eternal in nature. Come and drink from this fountain until you are drunk with its sweetness, healing and transformation of your life; become whole again.
7. After the experience had finished I then became a resource for mankind. I could open and close the portal of purity, like opening the blinds on the window to allow the sunlight to shine through. When I did this a presence emerged which had the properties of transformation of consciousness, healing, love and enlightened wisdom.

Wondering if I had deluded myself on some inner mind trip I invited several people who wanted to experience the presence of God to establish if this phenomena was real or not.

Yes, it was very real and tangible as everyone in the room had experiences. One person started shaking all over so I guided her to lie down and upon letting go of her fear she went into a blissful ecstatic state of love. Another person went and sat in the corner of the room and upon leaving said she had been very ill and when the presence was released she was wrapped in a blanket of healing which acted like a miracle as she was then completely healed. Another person started asking seeking questions which I immediately had a knowingness arise but knew the truth was working through my life experience which was different from hers so she might not understand my sharing. What happened was quite amazing 'The Presence' held her mind still so it could not attach to another question or move away from the enlightened truth that was about to emerge. It then used her life experience to bring a knowingness to answer her question. She shared her knowingness saying I see it like this..... which was the perfect enlightened answer to her seeking question. This shows that intellectual knowledge is not required to gain enlightened wisdom as the light source in its full vibration uses the life experience of the individual to bring answers to seeking questions. This is only available when the mind is still and single minded. In the case of this person they had no choice as the personal moving mind was held still when meeting the presence of God intelligence - their True-Core-Self.

I was then shown daily life by my inner master

After this meeting one evening I went to a local dance and decided to let out 'The Presence' so that everyone would have a wonderful evening, or so I believed. What actually happened was a shock to me as the room started to divide into two groups one consisting of mostly women and the other made up of mostly men. The women were starting to shake as they could feel the presence of love, while the other group were getting very angry wanting only to find the source of this disturbance and stop it. This explains why the saints, prophets and sages throughout the past have been killed. I quickly stopped letting out 'The Presence' and left the venue.

When I got outside my inner master told me that I can't do that as it is too direct and strong a vibration for this karmic world. I then said I had better set up an ashram and put up notices outside 'Only enter if you leave your mind behind and you will become transformed in the presence of God'. I was then told "No you can't do that as you have been a Guru in a previous life and there are others here in that role". I then asked what am I to do? My reply was to support the spiritual teachers and those helping others seeking awakening and just enjoy your life.

What a situation! God is doing everything in daily life. Letting out the presence is too strong and quick a transformation for mankind. Well, I had achieved my own enlightenment but we are a community of one species on earth? Enjoy my life I was told but I have to live in a society which has its values and collective consciousness based upon illusion, self-interest and separation, not upon love and co-operation. Yes, I am always happy and contented living a humble small footprint life. I have no needs apart from daily life existence and that is always put before me. It was this experience that caused the creation of 'The Awakening Process' that is now a resource for the whole of mankind.

Before any books were written for a long time I lived my daily life outside my body, resting on my crown chakra as my True-Self inner divine dweller was showing me life in this earthly realm and how God consciousness is doing everything. When you are existing in your higher non-thinking mind of pure awareness everything is within a perfect wholeness. From your True-Self there is no future and no past only a golden perfect present moment of existence within all of life; everything is perfect just as it is.

Personal Experiences - Visiting Past Life Teachings

I would like to share a few experiences that have surprised me which have emerged throughout my spiritual journey. These experiences are relevant to being able to share this message with you to reveal that I have had many lifetimes in serving others which has helped enable my soul provide a modern interpretation of The Lotus Sutra and create modules in The Awakening Process. They relate to how I can now say that I am naturally in harmony with every religion and spiritual practice as I AM one with that which was before all faiths.

I am also aware of going around the wheel of incarnation many times, living in various different countries mostly in the East in a monastic or priesthood role. This is not my imagination or some sort of dream fantasy or ego trip but as a result of confirmation being given to me by other priests of different denominations around the world. They have all confirmed that I am known to them, part of their family and have encouraged me to return home again to their particular practice.

The only leader I have met who knew I had another role in this incarnation was that of the Krishna organisation in India. You can read about the experience in more detail in the 'Love and Relationships' module. When I said I had better become a Krishna devotee and retake my initiation with the Krishna movement, he replied that there was no need as another path was my way in this life.

About the Author

The priest I met in Thailand said I belonged to their tradition and offered me to return home to them by providing accommodation in a beautiful part of central Thailand for me to live. In this situation I knew their teachings were within me, however I also knew that there was no need to do it again as I had other things to do in this life but at that time knew not what that was.

The Hindu faith in Bali welcomed me to attend their village ceremonies, not normally open to non Hindus. I had tremendous love for them with a sense of going home, but again I knew I had to move on.

A healing group in London were having visions for months about a man who was going to arrive at their group. They revealed, so they believed, that the man to arrive was a disciple of Jesus; my mystical arrival fulfilled their prophesy. This is not my statement as I make no such claim about this but it is what others have said and feel they know about my life.

The Nichiren priest who looked after me on my visit to Japan was surprised at the way I acted and said we were like brothers and the practice of the Lotus Sutra was within me from past lifetimes.

Today there is only an inner silence which has no form but I experience it and know it is alive with the Oneness of all that is, my mind is not-thinking, just residing in Pure Awareness, the Divine heart is overflowing through my lower six chakras with love and compassion for all living beings. I now live alone outside of entangled relationships as the onenesses love within the heart of God is hidden, as the light is too strong for this earthly karmic realm for me to share with others directly.

I wanted to share the experiences in my life because I can see looking back how everything has been perfect. I can see that from my enlightenment experience I was guided to prepare practices that fit together to support an individuals own Awakening experience.

It is the True-Self awakening Practice you will find in 'The Master Path' that is the key to the world's awakening and transformation to a consciousness of living from Divine Love Presence. I could not have created this without first creating the supporting modules within The Awakening Process. The modules in Personal Fulfilment and Soul Evolution are required to prepare the soul of an individual to a higher frequency of consciousness for True-Self Awakening to be fully experienced.

I hope this explains why within The Awakening Process there are three manuals created for the three stages of evolution an individual soul experiences before full awakening.

The amazing thing is that everyone who practices 'The Masters Path' has it easy as the pathway has been created by all who have already awakened their True-God-Self.

New Awakening Friendship Community

Developing People across the World through Awakening to Love



After creating 'The Awakening Process' the Divine asked me to share it with the world. All the multimedia material required to hold groups and evolve through the three stages is contained in the Awakening Process App. My role is now complete.

It is now up to you! I am giving you the opportunity to form a friendship spiritual support community to share 'The Awakening Process' with others.

Anyone can start a Support Group or Spiritual Community

When studying 'The Awakening Process' you can run a 'New Awakening Support Group' it is simple, just use the material provided to you and get together with a few friends. This can be in any form you like such as; a coffee morning, chat and share group, a Reiki share group, a Sacred Mantra chanting group, a discussion group, etc., it is up to you. This process is about you so don't wait to be asked to form a support group, just do it.

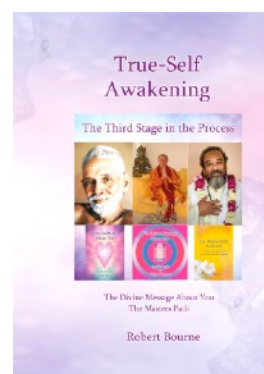
You are not required to Teach or become a Leader, just a Friend

This is about supporting others and being supported by others in return. When creating a New Awakening support community you do not have to run the groups, others you know may prefer to do this. Some people prefer to hold groups, others prefer to organise and support. A flexible approach is best. This is not the conventional teaching-leader role as it is more about sharing, supporting and practicing together as equals.

Personal Fulfilment

Soul Evolution

True-Self Awakening

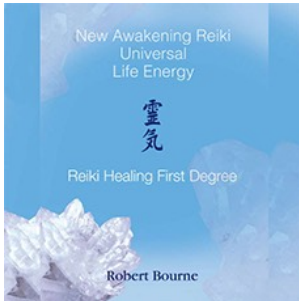


A University for Spiritual Evolution

Creating an oasis of Love

The two main support groups you can hold

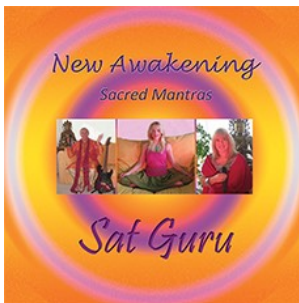
All the multimedia material you need to practice these events is provided for you in the New Awakening Process download.



Reiki Healing Share

Reiki is about the development of Love through your Divine energy field flowing through your chakra energy system. This is the first stage of spiritual evolution which will prepare you for something greater. Love heals!

This is the 1st stage of the process



Sacred Mantra Chanting

Chanting Vedic Sacred Mantras will awaken Divine aspects within your chakra system. Devotional Sacred mantra chanting is about creating a higher spiritual soul vibration.

This is the 2nd stage of the process

Note: The two group practices Reiki Share and Sacred Mantra chanting work best when you come together in a group. The power of coming together increases the experience you will have as opposed to just carrying out these practices on your own.

New Awakening is a new form of Spiritual Community



This is a new form of heartfelt support community whereby there are no leaders or organisation. It is the members who will be running the support groups themselves with no top-down control. All the New Awakening events are run by the members with love and compassion.

The core foundation Truth of New Awakening is that we are all spiritually enlightened now, therefore once we come together and connect to the oneness body of unconditional love, the pure light of awareness will guide us to flower uniquely.

Creating a New Awakening Support Group will contribute to the flowering of the world's transformation. The more groups created the greater the transformation. We have discovered that as one person awakens within the group many quickly follow.

In the Light of Pure Awareness we are one. The Light shines forth into this world and the whole of existence bathes in a sea of eternal love

Testimonials

Read what others have Experienced

Robert was mindful and considerate of our individual Reiki traditions ...

"I decided to attend the whole of the New Awakening Spiritual Process, even though I am a Master Teacher with 8 years experience, actively practicing, teaching and hosting share days. I wanted to take this opportunity to add to my knowledge base and to experience Robert's format. What a wonderful learning opportunity it all turned out to be, to experience first hand how Robert practices, teaches and attunes. The Masters attunement so powerful and very moving. All the while Robert was mindful and considerate of our individual Reiki traditions and it's great to know that we can continue to work in our existing way whilst embracing all that comes in the Awakening Process." Sue Aston-Green ~ Reiki Master Teacher UK

Fantastic... I was skeptical about doing Reiki degrees this way....

"Fantastic... I was skeptical about doing Reiki degrees this way, but as long as you're prepared to work through the information thoroughly, then everything is there that you need to know at this level when used in conjunction with the MP3 audio downloads and video tutorials provided in the course download..." EXCELLENT Mrs M. Barker

As I read it I'm changing

"As I read it I'm changing – it's wonderful. I now want to use the 'Love & Relationships' material for the 'Sufferers of Abuse' support group that I run. The courses are now making everything come alive in my Reiki Master practice and what I have previously learnt in my assertive training. I had to phone you to say Thank You." Maria Williams - Reiki Master Teacher UK

I feel I channel Reiki much more strongly than before

"I found the New Awakening Spiritual Process very effective and uplifting. It was structured yet informal, with plenty of opportunity for me to bounce ideas about. I worked with Reiki in a way I had never done before, really experiencing the energies, and since then I feel I channel Reiki much more strongly than before. I came away from the two days full of enthusiasm and excitement for the future, and I am now looking forward to fulfilling my spiritual role in helping others feel the same." Kathy Nicholson UK ~ Reiki Master Teacher

Ascendant Master Realm Support

"Thank you! I have recently felt more expanded and have more clarity in my work since reading your materials and listening to the audios. After studying the learning material you came to me on the astral and sent me a golden ball of light. You are also teaching us on the astral side as well, although I can't remember the exact teaching, but it's in there somewhere and will come up when needed, so thank you for the extra class ✨ Blessings of light." Margaret - Certified Professional Evidential Medium US Feb 2015

What Others Say about the Multimedia Courses

I found the books so inspiring

"I found the books so inspiring and after reading them I just wanted more of it. I had to go on to listen to the CDs. What happened then was magical; the voice on the CDs made it all come alive in me." *Jenifer USA*

The New Awakening Process

I just wanted to thank you so much for all that you've done for Humanity and for this Planet. And I also wanted to thank you for that wonderful book you just sent to us! It truly is your Opus Magnum! May God continue to bless you as you transition into full absorption with the divine! Roger Baran, Master Mystical Rose Chapter USA

New Era for Reiki with New Awakening Reiki Course

"Hi everyone! I have a quick blog today regarding Reiki training. I recently had the pleasure to refresh my spirit and renew my commitment to teaching with The New Awakening Reiki Healing Home Course offered by Robert Bourne. His courses are comprehensive yet easy to learn, healing, affordable and perfect for novice and master alike. The books are well written and clear. The Mp3's and Videos help to fortify the learning experience and allow you to use the course on your digital devices.

Many of us have learned Reiki from an oral tradition here in the US, and it's enlightening to understand the full history and train through The New Awakening Reiki Healing Course. If you're drawn to learning more about Reiki (*and if you're reading today's blog you probably are*), it's history, and it's new direction in this exciting era of ascension, I highly encourage you go to Robert's site and take a look at this beautiful opportunity to learn about Reiki, receive the attunements, or continue your professional education. Enjoy the beauty and grace that is your spirit. Reiki Blessings!" *Margaret Nock - Certified Professional Evidential Medium US*

Thank You, Thank You, Thank You

"THANKYOU THANKYOU THANKYOU Robert for your work in spreading the Reiki Energy and Wisdom! I have bought your books and am listening to your audios. Thank you for sharing this awesome and life changing material....you can probably tell I am a bit grateful...! I have already received attunements elsewhere and these new energies are expanding my previous experiences enormously!!... Did I say thank you!.... NAMASTE!" Kirtan Australia

It is great, I really appreciate your course...

"Today, I have finished the module 1 New Awakening Reiki Healing First Degree: The introduction to New Awakening - Reiki healing first degree - All MP3 - All videos, I also did the self-attunement. I can tell you that I really appreciate your course. I have begun to practice the exercises in the module 1. It is great. I will continue this week with module 2. Have a nice day, Namaste" Jean-Marc Canada (Studying 'The Awakening Process')

I am so excited about continuing with 'The Reiki Master Teacher' training...

I am so excited about continuing with 'The New Awakening Reiki Master Spiritual Teacher' training. I feel very different since the attunement, the only way to explain it is I feel like a new person, and I have continued to feel better each day. The one area of my life that seems to have changed a lot is organisation which I needed, and to find time for myself, work is work and to be more efficient and happy with my work I need time to myself to submerge in areas that interest me. I also really understand the area of having to heal yourself before others a lot more. Actually I should have mentioned to you also I did a treatment on Chloe my daughter and Jonathan my partner, they had trouble with knees, my partner in particular was in quite a bit of pain in the mornings, but it all seems to have gone and he hasn't complained once, in fact he seems to be a lot happier all-round as well! And Chloe hasn't mentioned any more pain either. *Louisa from Cyprus completed Stage 1*

I love your video its very helpful

"I love your video its very helpful I have started doing Reiki, I am a Reiki master/teacher but have learned more from you than my teacher, I did not have much confidence in doing it after I qualified but this has now changed thanks to you, Thank You" Vishnu India

I would like to express my heartfelt thanks to you

"I would like to express my heartfelt thanks to you for the work you are doing in making Reiki accessible to the world by flowing naturally with the stream of what your heart feels is right for our times. Your multi-media course is an excellent learning tool not only for those who wish to learn Reiki, but it also integrally imparts a solid foundation in helping people develop spiritually. Much of the material in The Awakening Process for example, is familiar and used by me in my healing work as a Holistic Healing Practitioner, Spiritual Counsellor, Spiritual Life Coach and Soul Plan Reader. I have already recommended your course to people and sincerely wish you abundant success always. Namaste" ~ Janice Trachtman ~ Reiki Master - London

Thank you for being a great source of support and encouragement

"Dear Robert, Thank you for being a great source of support and encouragement over the last year. The excellent courses I have taken have enabled me to make some major life changes: boosting my confidence and helping me through a difficult personal period in my life. After healing myself I am now able to offer my healing services to help others. I can honestly say that the feeling of Love is overwhelming." Love and Light Sandra UK

Thank you so much for your friendship and support

"Dear Robert, Thank you so much for your friendship and support. The courses in The Awakening Process are superb and I am getting so much out of reading them. The Love and Relationships material is excellent!" Lots of Love Kate UK ~ Reiki Master Teacher

I have some good news to share with you...

"I have some good news to share with you regarding some of the people I've been treating recently with New Awakening Reiki. Someone has a lack of ferritin that stores the iron in the body and doctors were afraid that she might have hypothyroidism. She was taking iron injections and capsules for two weeks with no good results. I suggested to treat her with Reiki for 3 continuous days, three sessions one hour each. After the Reiki sessions she had a new blood test. The blood test results showed amazing results the ferritin level went up from 3.9 up to 35 in one week, even the doctor was amazed, he did expect a slight increase but not that much. This is one of the cases that makes me feel that I'm on the right pathway and this is what I should do for more people to help them in any way that I can. I just wanted to share this good news with you." New Awakening Reiki Practitioner - United Arab Emirates

Experience after the Reiki Master Attunement

Experience after the Reiki Master Attunement: "That was awesome, I am blessed with spontaneous Kundalini awakening, which I have been living with for 20 years or so now and am very sensitive to energetic fields and shifts. I felt blessed, uplifted and deeply expanded during your ceremony here. Thank you - OM" Blue Jay Press Australia

It's so inspiring being with you...

"Hi Robert, Thank you so much for today. I'm really excited about all this again, it's so inspiring being with you. Once again many thanks for today, it was great." Love and Light Keith ~ Reiki Master Teacher UK

Thank you very much for this video...

"Hello Robert, Thank you very much for this video. Like you said in the video: I'm one of those persons that was attuned to Reiki 1 and doesn't have a couch at home. During my Reiki 1 course I was taught how to treat on a couch, but not on a chair. This evening I treated a person just like you did on this video and it worked beautifully, even better than I could possibly hope for. The person could even feel the presence of deceased relatives and was touched by one of them. This I found quite astounding, I never experienced something like that before. But again: thank you very much. I will use your method from now on. Kind regards, warm greetings". Pascal Smit, Amsterdam, The Netherlands

I just wanted to tell you how much I enjoyed the workshop

"Hi Robert. I just wanted to tell you how much I enjoyed the workshop last weekend. I found the course very interesting and inspiring ~ and the meditations and attunement have helped me immensely. I find it so much easier to relax and tune in to myself/spirit and recover from 'the outside world' after a busy day at work. It was lovely to meet someone who is so in tune with life/spirit/universal energy, etc." John UK experienced the course module on Love and Relationships

Sacred Mantra Experiences

What happened at a Sacred Mantra Group Event

Thank you for a wonderfully uplifting evening Robert. We all very much enjoyed the vibrant energy activated by the Satsang. Looking forward to the next event. *Aloha - Lin Lovel - Spiritual Teacher Plymouth*

Thankyou Thankyou Thankyou....it was a lovely time and a pleasure to finally meet you at Lin's tonight - *Gina*

How to Feel Blissed out without taking Drugs or Drinking Alcohol!!!

The feeling after singing two mantras is just like when you have had a few drinks and feel lovely and light headed - wow this is great feeling high without feeling drunk and its FREE!!! *Jane and Donna Plymouth*

Freedom from the Conditioned Self - from the Egoic Personality

My mind feels like an empty space - there is no thinking there this is really great to feel so much freedom. *Max*

What happens in an individual one-to-one Sacred Mantra Session

"Hi Robert. I just want to thank you for the wonderful day. I now feel really really good! I am sorry if I talked too much but I ended up really enjoying the Satsang mantras and your help in getting me there. For the first time I let my guard down that I have been keeping up for a long time. The feeling I experienced was like a beautiful nothingness but knowing that there is something there. Thank you for that. But enough talk as it is just good to feel the peace." *Ana Portugal*

Returning to your True Self

"Wow it is amazing it feels just like going home! I can't believe where the last two hours have gone!" *Sally Yoga Teacher UK*

True-Self Awakening Online Support with Light Transfer

I deeply appreciate your connection and wisdom earlier, Robert. Thank you. I thought it was an excellent session. The connection was powerful: Golden light flashed on an off - quite dazzling, even with my eyes closed, as if the sun was shining through the window then hiding behind a cloud for a few seconds before repeating the process. I had to open my eyes to check what was going on! My witness now feels much larger, more prominent and more accessible. I will maintain and nurture my connection with the divine presence as much as possible, work on my appreciation and see if that opens my heart. I look forward immensely to our next session. *Ian France - Sept 2015*

Book Reviews

Lovely Work Lovely Read

I liked everything about this work highly recommend and I have been working with the these books for years, excellent. *Stephen Wheatley UK 2022*

Reiki Master and Teacher Handbook

Reiki Master and Teacher Handbook is Mink Minding's (USA) "My Favourite Spirituality Book"

Reiki Healing Second Degree

Connor James (USA) says "Reiki Healing Second Degree is essential Reiki Spirituality reading!"

Comments posted on my YouTube channel about the videos

After experiencing the Reiki Master Distant Attunement. "That felt *remarkable*, thank you! I am a Level III Usui Reiki teacher and healer, light warrior, and all around good girl" ~ *YouTube Bononcausak USA*

"I got to get my Father in Law here, he would love your tips. You communicate really clearly. Keep up the great work." *by LW Reiki Master Teacher, Glastonbury, UK*

"Love your channel! It spreads love! May peace surround you!" *by Thaloukos, Greece*

"Very beautifully done videos, great work! Thank you for your contribution to Reiki! Namaste." *by Cyndy USA*

"Thanks for spreading universal love my friend. I appreciate the light you shine." *Ben USA*

"This is a great channel!! Love and light to you." *Jacque and April UK*

"Awesome channel! Glad to have found you. Thanks for sharing." *by Lis USA*

"Thank you so much for your great talents. I find your videos so relaxing and informative. They are so enjoyable to watch." *Rob Tully Canada*

"The most awesome Reiki training course ever seen by me. Recommend it to anyone thinking of following the path of the New Awakening Reiki. Namaste. Thank you Robert." *Mr D Dalton UK*

"Sir I am really give my thanks to you that I have Reiki Master from you and now I have attuned a number of people, and they are getting amazing results in healing their diseases and their daily life problems." *Usman Ghani Pakistan*

Awakening Experiences

What others say about True-Self Awakening - Living from Presence

"I am just very grateful that you have done all the hard work to bring something this exciting for everyone to use in such a simplistic and easy way. Just a short note to say that I finally finished reading *The Divine Message About You* and the awakening practice - It's BRILLIANT! You have managed to put everything together in such a simple and succinct manner, that it all reads easily and beautifully." *Corinna UK - June 2015*

"I am so so so full of love at this moment to be a part of New Awakening, I have started reading the 'The Divine Message About You' in True-Self Awakening and I am already in tears. I want to express how grateful I am that you have given me this opportunity for your Gift of Love and transformation to earth. I honestly can't find the words to express my gratitude. I feel the compassion, the love, the giving of everything you are. You inspire me so much! I feel an overwhelming sense of Love by you! Thank you! I bow down to you in your efforts to help transform and help others find the love and peace that you have. I am eager to continue learning from such a great influence of Love and Light. I am truly blessed by your presence. In love." *Adriana US Feb 2015*

"I started the practice last Sunday and weirdly enough I had a dream that evening in which I was chanting and holding my hands above my head and got the most incredible tingling sensation in my hands and down through my crown chakra??? Yesterday I did my chanting in the car as I drove up a fabulous stretch of countryside. I just love the words and what they represent and the fact that it works towards helping everything that is connected to me as well as me." *Corinna UK - June 2015*

"Thank-you for the meeting last night, it was enlightening and very helpful. I'm amazed how different I feel today, very positive, confident and calm - almost a different person! The extra energy you gave us must have really helped too. I look forward to seeing you next week." *Awakening Group Meeting ~ Angela UK - Oct 2015*

"I just wanted to share something with you. Yesterday, when I was getting ready to go out for the day, I was gazing out of the velux window in the bathroom and looking at the clouds. All of a sudden I saw the shape of what looked like a foetus in white cloud and then as I looked behind it there was another foetus-shaped cloud cocooned around the first and then to my amazement, there was a dark, rain cloud behind that one, also in the shape of a larger foetus. Behind these clouds was the sun and I could see golden light above the heads of these shapes but in addition to that, there was a rainbow coloured light above the golden light. As the clouds continued moving, the first foetus sank back into the second one, which in turn, sank back into the dark foetus. What came to mind was, The Three Bodies and that the light bodies had sunk into the denser, physical body. The sun shining above them seemed like the crown chakra, and the rainbow light being the rainbow chakra bodies. Anyway, it seemed very significant to the point where I felt compelled to share this with you as I felt that you would understand. Something is happening! Lots of Love." *Corinna UK - July 2015*

The Story of Sharon

“After a good few years of enduring the usual life struggles, including ill health and relationship issues, my partner treated me to a much needed long weekend away at a health spa. This was where I had my first Reiki treatment. It was the most amazing experience of my life to date alongside child birth. I came away from the weekend knowing that I would be spending at least the next 6 months trying to work out what had actually happened to me.

In September 2007 I began my search on the internet reading various descriptions of Reiki, when I came across the New Awakening website. Robert described his study of many different forms of Reiki and had not limited himself to one style, as had other teachers. Having an engineering background, this appealed to me, as I am always looking for logic, reason and proof in what I learn.

Realising the need to understand the experiences of my first Reiki treatment, I plucked up the courage to call Robert. Shortly thereafter I received the first Reiki degree course hand book through the post. I remember being told at that time, that if I did not want to experience change, then this was not the course for me. Sat here a few years later, I cannot believe how poignant those words now seem.

I spent the next few months reading through the course material in snippets of spare time, fitted between my young family, an engineering design job, running a house and maintaining a long distance relationship.

It was December 2007 when I met Robert and joined a couple of other students on the Reiki I course.

Reading through the material at home I had felt very comfortable with understanding the technicalities of a basic Reiki treatment. However, being on the course and actually feeling and experiencing the energies was quite something else. I felt I was now truly on the path to discovering what I had experienced in my first Reiki treatment.

Receiving my first attunement was like becoming aware of a whole new dimension to life which had been previously hidden from me. I remember feeling an amazing sense of inner peace but also being surrounded by bright and vivid colours.

The opportunity to give my first Reiki treatment in a caring and supportive environment gave me the courage to realise that this was something I could actually do. With a new radiant glow on my face and my First Reiki certificate in hand, I set off to increase my experience of this wonderful new dimension. I spent the next six weeks practicing my new found skills on myself, friends and family. The positive feedback I had from other people was amazing and I became a very popular person. At the same time I was also noticing many personal changes which were highlighted to me by using the 21 day journal.

As time progressed my confidence grew and with so many people around me now interested in Reiki, I decided to continue my studies and sent away for the Reiki II course. I also studied the additional courses ‘The Excellent You’ and ‘Love and Relationships’, both of which I still refer to today.

Testimonials

During the home study period of Reiki II, I found many questions answered. From the practical aspect of Reiki I had many experiences where I felt guided to certain positions without knowing why. All these experiences I now find are being described in this course. I was also conscious of the fact that in the past I had always struggled with the process of learning and with retention of information. However, I now realised a new ability and enthusiasm to learn. This spread into other areas of my life too.

At the beginning of March 2008, I attended the Reiki II course. Before arriving for this course I already felt very comfortable with giving Reiki treatments and with understanding the course material. I came away feeling I had reached a whole new level on my personal journey. I was amazed at the effect of experiencing the energies using alternative methods such as chanting and humming. During my second degree attunement, the colours visible to me became brighter. I came away feeling a great sense that there was a much longer journey ahead of me than I had first anticipated.

I went home and continued giving Reiki treatments and found that the basic principles of Reiki had now reached into every part of my life. I could see my own failings more clearly and began working on becoming a better person with a life of value and quality.

From the Second course I also returned with the 'Gateway to Enlightenment' manual. I spent the next six months reading and studying this book. This was a much more challenging text and included some new scientific ideologies for me, which I found very interesting. The proof of distance healing behind me placed me in a much better position to grasp these new realities. 'The Gateway to Enlightenment' currently lives by my bedside and a year on I can still pick it up and gain 'Ah Ha' moments.

To continue my journey, towards the end of 2008 I gave Robert a call to discuss continuing on to Masters Level. After a lengthy conversation and some time for me to think things through I concurrently booked the Masters and Master Teacher courses. Receiving the relevant manuals with only just a month to go before the practical I was not sure if I was going to be ready, but reading through the manuals made me realise that I had learnt a great deal from the Gateway to Enlightenment and I was definitely ready for this now. I was really looking forward to this course with no hesitation or doubt, a real change in character for me.

In January 2009, I was given the gift of the Masters attunement, which personally became my biggest and best step.

Through studying the Gateway to Enlightenment and the other accompanying courses, I gained many understandings with my mind which had a significant impact on my life as a whole as I became more understanding of people, emotions and reactions. I then began to find that life does not surprise you in a way that it did before. You start to see things much earlier giving you time to be better prepared, as opposed to living in a constant reactive style.

My Masters attunement really did bring all the teachings to life in a way that I could not have understood before. During the attunement itself, I was aware of many different faces joining my being; an experience for which I have no words.

The following morning I had the amazing experience of waking and finding I not only clearly remembered the dream I had that night, but I also understood it immediately with a

Testimonials

deep sense of knowing. I then had the realisation that my mind had understood and learnt from the teachings but before the attunement my heart and soul had not understood these lessons and I felt a shift of the level of understanding to my subconscious.

Now I feel a connection not just between body and mind which comes from Reiki I and II, but also now the connection with the soul. The best way for describing this feeling is to imagine that it is a cold winter's night and you have had a good meal and you are wrapped up warm and comfortable in front of an open fire and are surrounded by all the people that are closest to you. This is the feeling which I now carry with me all the time and it is the most beautiful experience.

After the Masters followed the Master Teacher course which felt like a very natural progression. I am now looking forward to teaching this beautiful system of healing for the self and others and will continue with Reiki healing for those that do not wish or are not yet ready to make the journey. I shall continue my personal study and self healing and look forward to an interesting and challenging future.

Life carries on but I am now able to deal with issues that arise with more speed and confidence. Having heightened intuition and plenty of new life skills enables you to recognise signs of approaching tests in your life. This whole process becomes apparent as you look back on your life. Occasionally I am able to see where it is going. However you're never quite sure how things are going to happen, so life remains full of surprises.

I would like to take this opportunity to offer my sincere thanks to Robert for his continuing support and his dedication to spread the understanding of Reiki and Spirituality to the Whole World". Namaste Sharon Tucker



illustration by Mary Borlase (Editor)

The Multimedia Download Contents

Your download will have the following main folders. It is best to leave the downloaded folders organised as they are. Below this table is a checklist for each module showing the audios and videos they contain.

Main Folder	Sub Folders	Sub Folders
New Awakening Process	CPD Letters	
	Manuals	
	Personal Fulfilment	Love and Relationships
		Reiki 1st Degree
		The Excellent You
	Soul Evolution	Reiki 2nd Degree
		Reiki Master
		Sat Guru
		The Gateway to Enlightenment
	True Self Awakening	The Divine Message About You
Separate Book Order		The Masters Path

Continuous Professional Development CPD Letters Download Checklist

CPD Letter Love and Relationships
CPD Letter Reiki 1
CPD Letter Reiki 2
CPD Letter Reiki 3
CPD Letter The Excellent You
CPD Letter The Gateway to Enlightenment

Manuals Download Checklist

The Awakening Process.pdf

(This book contains the following three manuals)

1. Personal Fulfilment
2. Soul Evolution
3. True-Self Awakening

How to Study the Awakening Process

It is important to understand that the process has been created in a multimedia format for a reason. This enables a successful transformational effect upon your life.

The knowledge contained in the Manual needs to be read before listening to the audio tutorials. Reading the manual has the effect of entering the conscious mind of the student who will either agree or disagree with it. (*free choice to make a judgement based upon known experience*) This prepares the student for a transformational experience to occur.

When the tutorial audios are then listened to after reading the course knowledge the Truth will bypass the judgemental conscious mind and be listened to by the subconscious mind, the soul body of the person. You can read many testimonials that confirm this Aha experience. The good news is that the soul body has a direct connection to the pure loving all knowing source of creation.

One of two things will then happen:

- A) If the information is the Truth, the source of creation will know this and the soul will accept the information evolving the student closer towards Unconditional Love.
- B) If the information is false it will then be rejected.

What I am sharing is that you require both the Awakening Process manual plus the audio tutorials as they act like a lock and a key.

Example Taken from The Reiki Healing First Degree Manual How to Study this Multimedia Course Material

1. Read all the way through the manual to get the idea of what you are going to learn
2. Watch the Healing Treatments Video
3. Listen to Healing Audio Tutorials
4. Prepare your 21 day journal – Start day one of your journal when you receive your attunement to Reiki healing; when you use the Attunement Video.

Practice – (Remember to record everything in your journal)

The best way to study the complete Awakening Process

Download the complete Awakening Process from my website and buy a copy of the hardcover or paperback book 'The Masters Path'. This is the best study option and a very small price to pay to transform your life. Keep a back up on a hard drive or USB memory stick (do not back up on the cloud storage options as this could easily be lost). The download option is then complete in as much it contains the Manual with all the tutorial audios and videos required for learning each of the eight courses.

Remember: When you are at the final stage of True-Self Awakening you will need to buy a hardcover or paperback copy of 'The Masters Path'.

Frequently Asked Questions

Question: Hi, I'm interested in the reiki master course. I have already done reiki 1,2 and 3 but your content seems great so I'd like to explore your master teacher teachings. How do I purchase just the reiki master course? or are they all included in the awakening process pack?

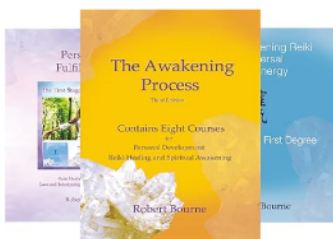
Answer: No, sorry you can't just buy one course from the process. All three Reiki courses plus their supporting courses are included in the Awakening Process for good reason which is why individual modules have not been made available. You will quickly discover how all the courses fit together into a beautiful comprehensive holistic process. The whole process is much more than Reiki alone as you will very quickly discover when you work through the eight modules.

Question: Can I really learn and be attuned to Reiki Healing through the home study courses in the Awakening Process?

Answer: Yes. To the ordinary mind only through direct contact would be the best way. However, when you understand that the pure loving source exists at all levels of life then it depends upon the Reiki Master's awakened state who is attuning you. I have had the awakening experience which means my soul-being is omni present within the ocean of Oneness Love. You will also discover that after reading the manual and when you are listening to the audios it will awaken any required Truth as a direct heartfelt experience. This is because a persons voice is resonating in a certain consciousness frequency and will connect you to that same inner place upon listening. My voice is beyond the limitation of the personality residing in the unconditional love of the ascendant masters realm.

Question: Can I buy the Reiki Manuals individually or any of the other courses in a paperback book?

Answer: Yes, all my books are available on all Amazon websites. They are available in paperback, hardcover and ePub Kindle versions.



You can study the complete process in 'The Awakening Process manual' or in three stages; 'Personal Fulfilment', 'Soul Evolution' and 'True-Self Awakening'. These paperback books have been released in in two formats, full colour and black and white.

All my books are available on Amazon in a 17 book series. Search 'Reiki Healing, Personal Development and Awakening by Robert Bourne.

The Awakening Process paperback is the best buy as it contains all the books listed separately including The Masters Path. It is also the best value as it saves 35% on buying the books individually or in the three stages, 'Personal Fulfilment', 'Soul Evolution' and True-Self Awakening.

Note: The Ascendant Masters instructed me to only release The Masters Path in a paperback book to avoid being copied and altered, therefore it is not included in the pdf manual you receive in the multimedia download.

Awakening Your Religion

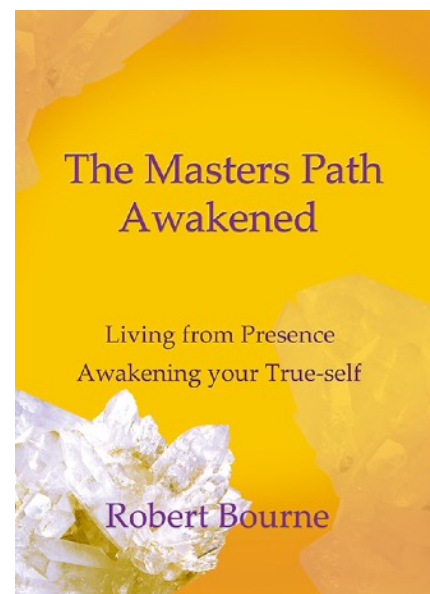
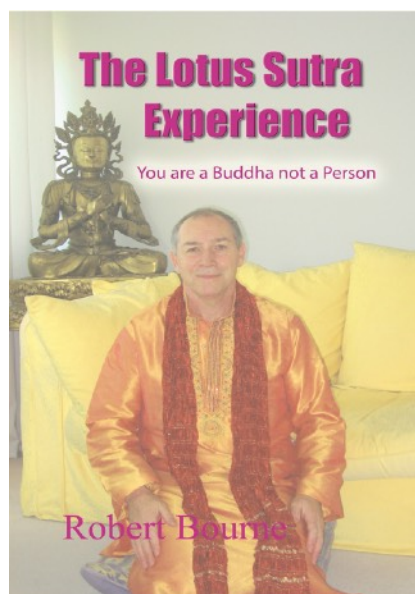
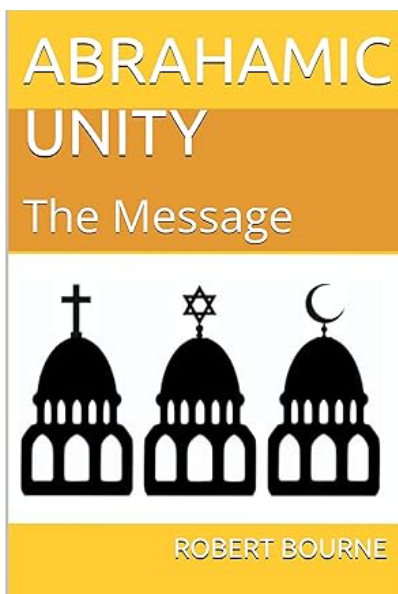
Three books written for different religious believers

After experiencing the inner God/Allah/Source of creation I entered an unbounded ocean of eternal unconditional love. There is no thinking in this place of peace and contentment as I experienced the silence of pure awareness knowingness where my life's mission was revealed that I am to share this love and knowledge with the world.

What I am sharing celebrates what your faith has taught you and how you are practicing your religion. I am revealing how you can also experience this awakened state by using your own existing faith or religion.

The books contain incredible guidance that enable you to fully experience the Oneness Divine Source within your own life.

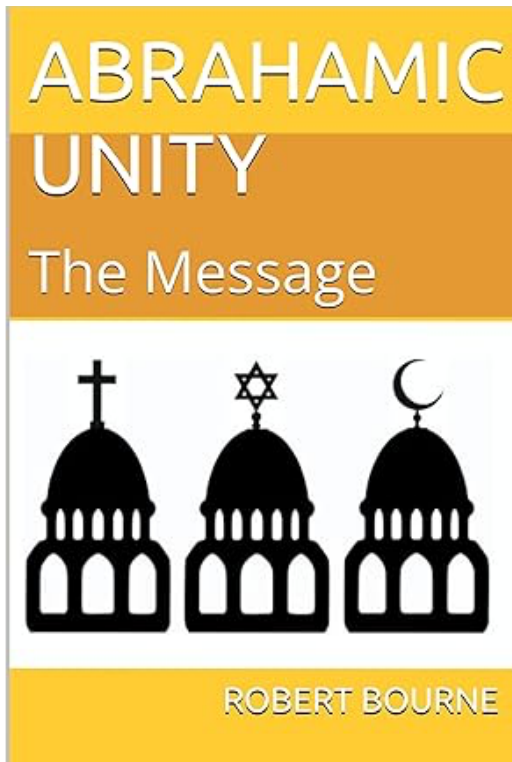
Abrahamic Unity and The Lotus Sutra Experience are now available as a Free download from my website as a pdf.



The Ascendant Masters created these three books for the individuals Awakening

Abrahamic Unity

A Message for Christians Jews and Muslims



I am delighted that there is a new movement in the Middle East towards the unification of the three different faiths. There are common aspects between all three religions as they stand, however the existing traditional way of practice and beliefs leave no room for a merging of beliefs about practice. There is good reason for this which is explained in my revelation.

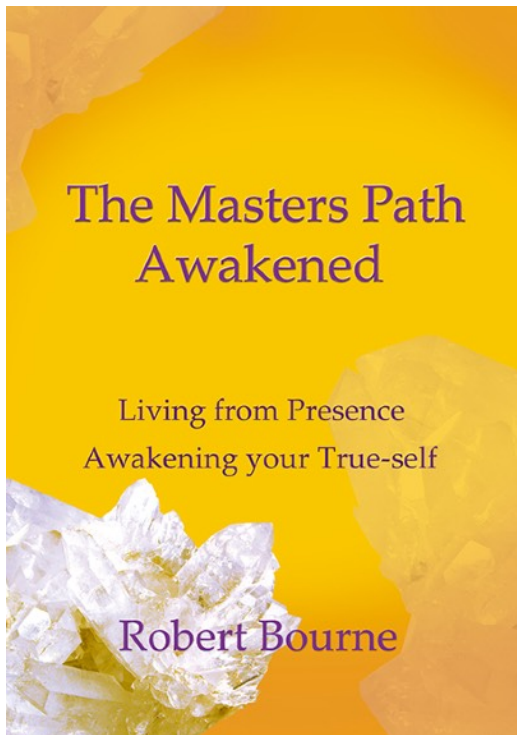
After a direct merging with God/Allah, Robert shares the revelation that God/Allah loves all Christians, Jews and Muslims equally. Once you have read what God/Allah has given me to share with you a new understanding of your religion in relation to all others will exist.

The revelation in the book allows a new approach to be taken bringing love and respect to all three faiths, opening a new door to a heavenly paradise.

This new understanding will simplify your life and practice bringing peace on Earth

The Masters Path

Living from Presence - Awakening your True-Self



This is more than just a book as it is a transformational device that will bring Contentment, Love, Bliss and Pure Awareness to those who have awakened beyond the conditioned personality. It is the golden key that unlocks the hidden treasure behind the veil of illusion. It will guide those who have already spontaneously awakened to make the final connection with their inner True-God-Self.

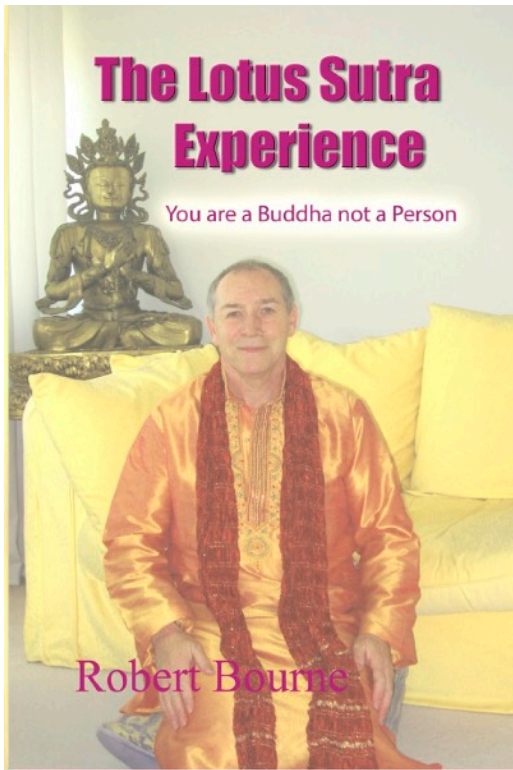
Robert shares his enlightened experience to the realm of Ascendant Masters where it was revealed that he was a Guru in a past life. He was shown the workings of life within an infinite source of Unconditional Love. After direct contact with the Golden Light he was guided to share the ultimate untaught Vedantic Master's teaching for mankind's awakening.

All denominations, especially Hindus, Muslims and Sikhs, will discover this book helpful to their existing religious or spiritual belief as it brings clarity in a direct way, supporting their personal teaching of God/Allah/Divine, as it takes you directly to the Source of where all teachings spring from.

Note: The Masters Path is included in the True-Self Awakening manual for the third stage of 'The Awakening Process'. This book is recommended to be published separately as it lends itself to those who follow a particular religion.

The Lotus Sutra Experience

You are a **Buddha** not a **Person**



The Lotus Sutra states it can only be understood between Buddhas. This is true because the logical mind is unable to understand it. Robert's mission has been to awaken this enlightened mystical Buddhist Sutra and share it with the world. The book presents a modern easy to follow explanation of the Sutra. Alongside each chapter's interpretation there are key notes that can help your own enlightenment.

This knowledge shared will help you transform your conditioned personality illusions, enabling you to experience the inner qualities of your Buddha nature. These qualities are; True Self, Unshakable Happiness, Purity and Eternity.

Robert shares his direct enlightenment of the Treasure Tower Buddha experience as revealed in chapter eleven of the Lotus Sutra. Through witnessing the emergence of Taho Buddha, the world became a golden perfection exactly 'As it is'.

Although the book is non-denominational, because enlightenment relates to all faiths in the world, SGI members, Nichiren Daishonin, Tien-tai, Chih-I and Tibetan Buddhist practitioners will find this book a great help to their existing practice.

The Lotus Sutra is revered as the Buddha's highest teaching

Welcome to The Awakening Process

Personal Development, Reiki Healing and Spiritual Awakening

The eight professional courses in the book evolved over twenty years with a proven success record in bringing about change, healing and awakening.

It will transform your life as many in the world have already testified.

The audio and video tutorials for each course can be downloaded from my website.

When you take part in the process you will have a direct experience of what is being taught. You will not be on your own as there is an explanation about a new form of friendship support community.



Robert Bourne

The Awakening Process Creator

After my own direct awakening experience in 1995 I was left with the life purpose of creating support material to help you also discover how to live from the Presence of Love and it is this quality that will transform your life.

www.new-awakening.com